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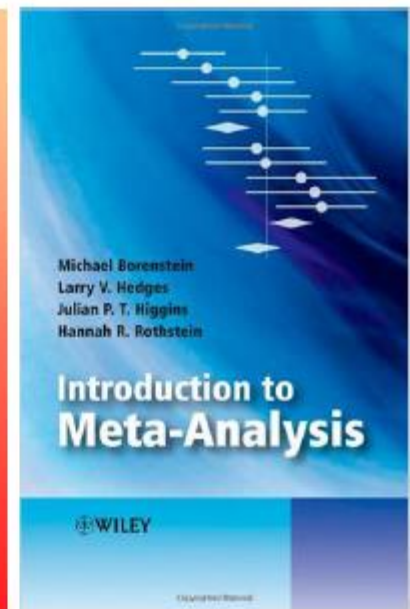
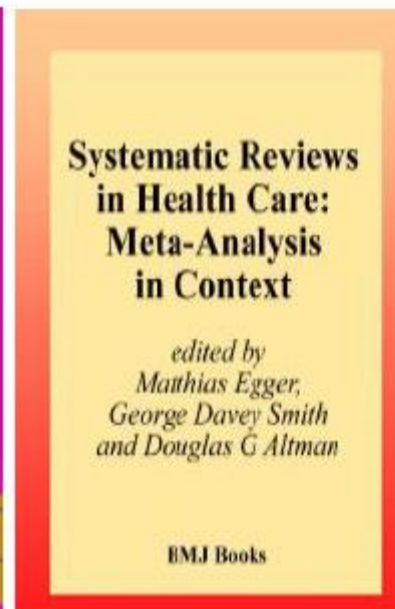
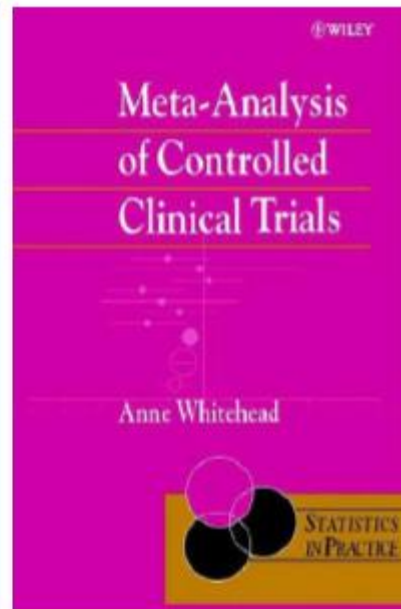
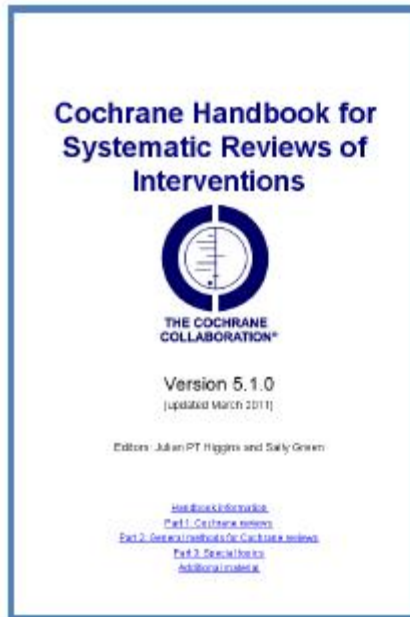


# Systematic Reviews & Meta-analysis

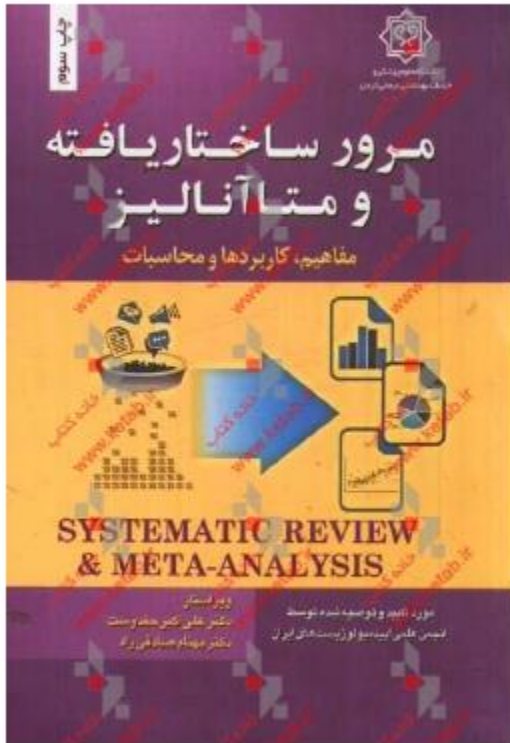
Dr. Reza Pakzad  
MSc, Ph.D. of Epidemiology (TUMS)  
Faculty Member of Ilam.UMS

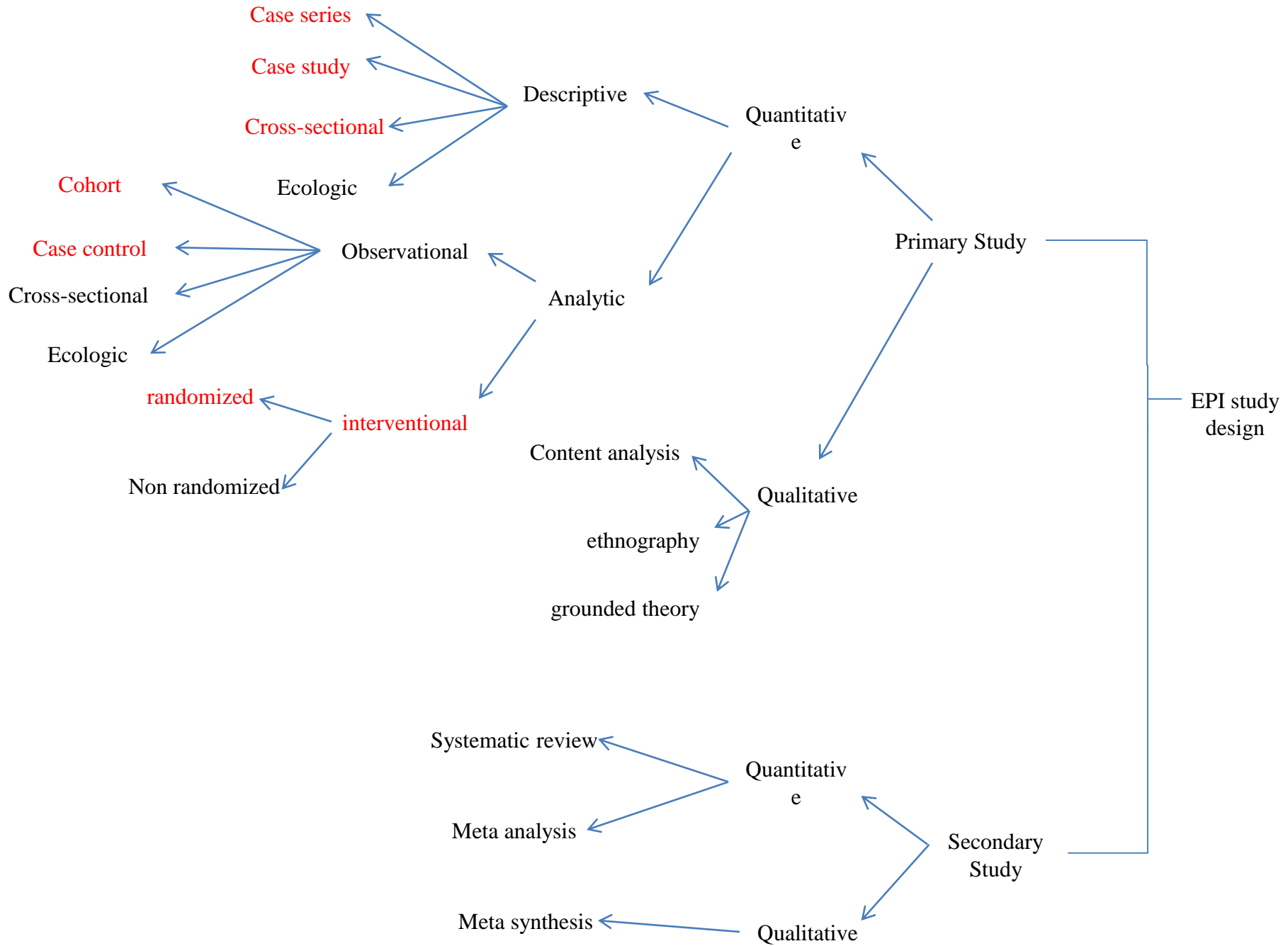
# References

3

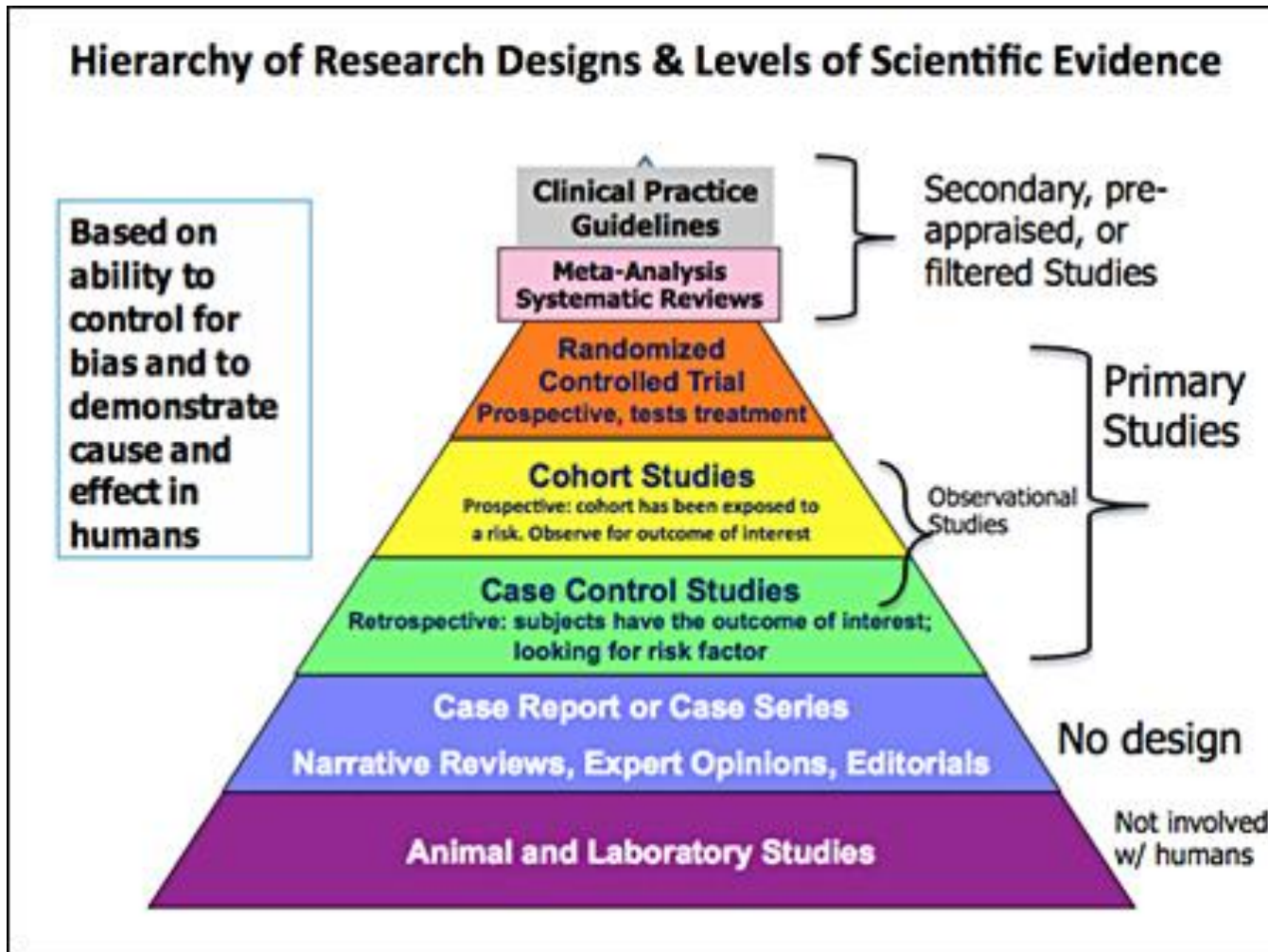


# References





# Evidence-Based Medicine



# Type of studies

7

- ❖ Primary study
- ❖ Secondary studies
- ❖ Review article (Narrative/Traditional review)
- ❖ Systematic review
- ❖ Meta-analysis

# Narrative vs systematic review

## **Narrative**

- ❖ Many questions
- ❖ No search methods
- ❖ No inclusion criteria
- ❖ No combining studies
- ❖ Prone to random and systematic error
- ❖ Provide conflicting summaries

## **Systematic**

- ❖ One question
- ❖ Explicit search
- ❖ Explicit inclusion criteria
- ❖ Combine study results (meta-analysis)



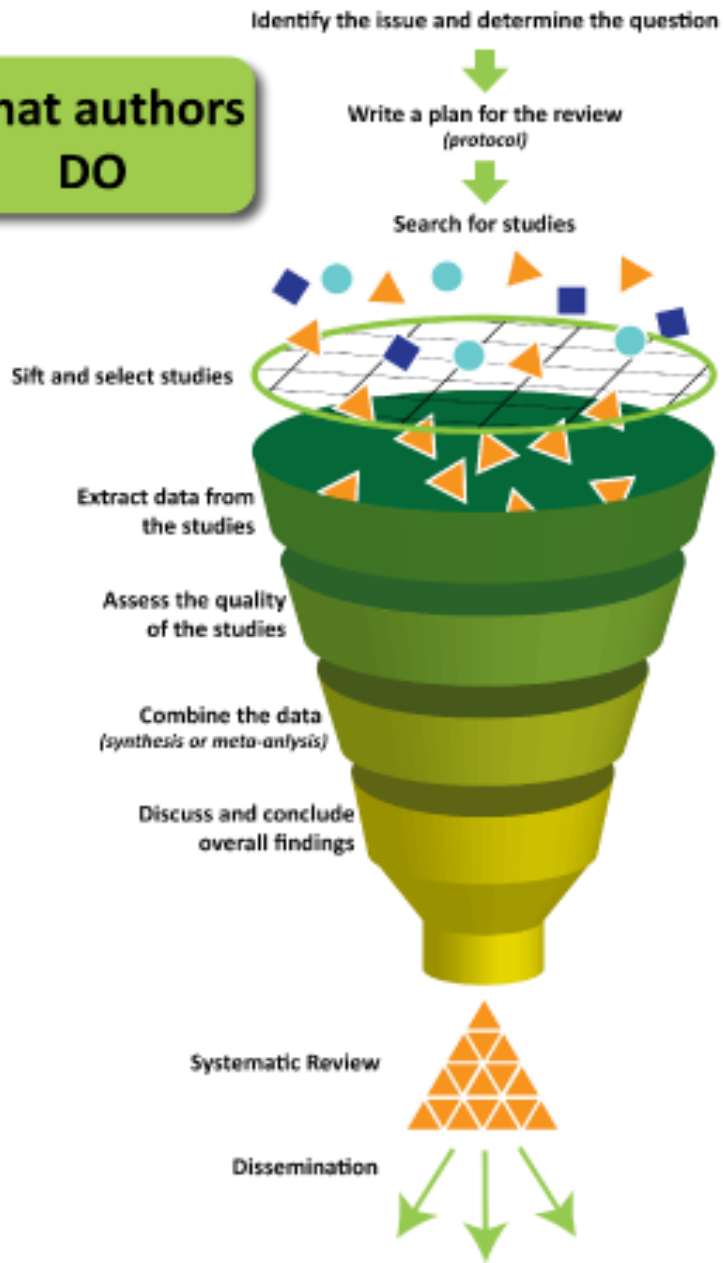
Professor Paul Knipschild has described how Nobel prize winning biochemist **Linus Pauling** used selective quotes from the medical literature to "prove" his theory that

**“vitamin C helps you live longer and feel better”**

When Knipschild and his colleagues searched the literature systematically for evidence

**“They found that”**

# What authors DO



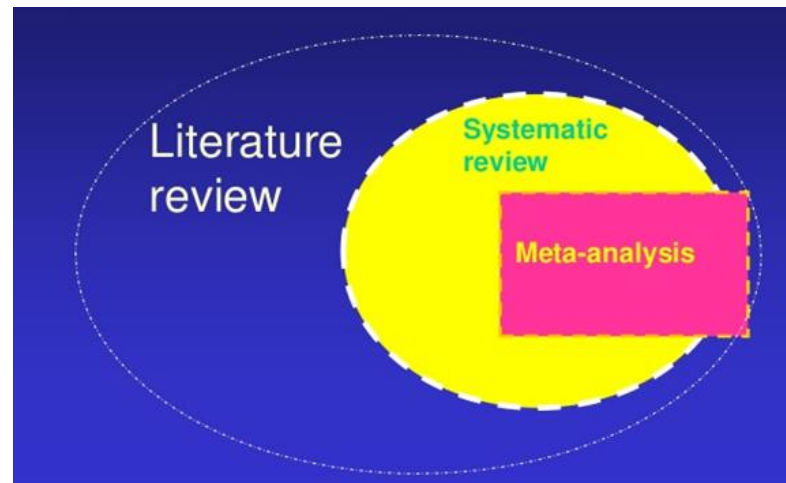
# Key Characteristics of Systematic Reviews

- ❖ Features that distinguish a systematic review from a review article
  - ❖ Clearly stated title and **objectives**
  - ❖ Comprehensive **strategy to search** for relevant studies (unpublished and published)
  - ❖ Explicit and justified criteria for the **inclusion or exclusion** of any study
  - ❖ Clear presentation of characteristics of each study included and an **analysis of methodological quality**
  - ❖ Synthesis of findings

# Meta-analysis

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- ❖ “Meta-analysis is a statistical technique for combining the results of independent, but similar, studies to obtain an overall estimate of treatment effect.”
- ❖ “While all meta-analyses are based on systematic review of literature, not all systematic reviews necessarily include meta-analysis.”



# Type of meta-analysis

## ❖ Meta-analysis of interventional studies

- Randomized controlled trials
  - Estimate of a treatment effect

## ❖ Meta-analysis of observational studies

- Cohort studies
  - Measure of an association (RD or RR or HR)
- Case-control studies
  - Measure of an association (OR)
- Cross-sectional studies
  - Estimate of a prevalence (P)

# Information Resources for systematic review

**پیوندهای مفید**

[مرکز توسعه و هماهنگی، اطلاعات و انتشارات علمی](#)  
[نظام نوین اطلاعات پژوهش های پزشکی ایران](#)  
[سامانه نشریات علمی پژوهشی پزشکی](#)  
[اسلایدهای آموزشی](#)

**سایر پیوندها**

راهنمای دریافت نام کاربری و رمز عبور VCampus

راهنمای استفاده از VCampus

**سامانه های نوپا**



**VCAMPUS TUMS Journals**

**اخبار**

تجدید شدن مجله **Advanced Journal of Emergency Medicine** در بانک های اطلاعاتی **PubMed** و **PubMed Central**

TUMS DigLib  
 متن کامل << 1398/02/24 - 1۰:۵۲

تجدید شدن مجله **Nursing Practice Today** در بانک اطلاعاتی **Scopus**

TUMS DigLib  
 متن کامل << 1397/12/25 - ۱۶:۵۸

**All Resources**

Databases		
Web of Science	SCOPUS	OVID
UpToDate	REAXYS	Ovid MEDLINE(R)
Cochrane on OvidSP	EndNote Web	Journal Citation Reports®
Embase®	PubMed	Google Scholar
CLINICAL KEY	ULRICHSWEB®	Essential Science Indicators™
E. Journals		
ScienceDirect	OVID	BMJ Journals
Springer	ProQuest	SAGE
InterScience®	CLINICAL KEY	DOAJ
پایگاه اطلاعات علمی	سازمان اداری و خدمات دولتی	SID
Evidence Based Medicine		
Cochrane Library	BMJ Best Practice	OvidSP
E.Books, Atlases & CME		
CLINICAL KEY	BMJ Learning	Books@Ovid OvidSP
PathCONSULT	WILEY ONLINE LIBRARY	ELSEVIER Health Sciences
Medical Images, Protocol, interactive Skills & Procedure		
CLINICAL KEY	PRIMALPICTURES	ClinicalKey
Multimedia on OvidSP	FIRSTConsult	RESEARCH TO PUBLICATION

# Information Resources

## □ Print Materials

Book-, thesis, paper. J ...

## □ Electronic Materials

Database, E. J ...

- ❖ Journals & Papers
- ❖ Indexes
- ❖ Dissertations & Thesis
- ❖ Abstracts of Seminars
- ❖ Books & Booklets

# Information Resources

• Local Data	<a href="http://www.civilica.com">www.civilica.com</a>
	<a href="http://www.magiran.com">www.magiran.com</a>
	<a href="http://www.barakatks.com">www.barakatks.com</a>
	<a href="http://www.sid.ir">www.sid.ir</a>
• International Data	<a href="http://www.pubmed.com">www.pubmed.com</a>
	<a href="http://www.scopus.com">www.scopus.com</a>
	<a href="http://www.wos.org">www.wos.org</a>



# Bibliographic database



A **bibliographic** or **library database** is a collection of bibliographic information.

May contain information about papers, books and other materials held in a library.

# Databases



- General Databases  
(Comprehensive OR Core Databases)
- Specialized Databases  
(Subjects Specified Databases)

# General Databases (Comprehensive OR Core Databases)

- Medical Sciences
  - Medline
  - Embase
  - Scopus
  
- All Sciences
  - Web of Sciences

# Specialized Databases (Subjects Specified Databases)

- Biological Abstracts
- International Pharmaceutical Abstract
- PsychInfo
- CINAHL
- Chemical Abstracts
- Agricola
- Econlite

# Citation Databases

- Web of Science
- Scopus
- Google Scholar
  - (<http://scholar.google.com>)

# Electronic Journals & Collection

- Elsevier Science
- Ovid (LWW)
- Wiley InterScience (Included old Blackwell Science)
- Springer
- Oxford university Press
- Thieme
- Proquest
- Ebsco

# Journal Access

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## □ Open Access

- Free access to reader
- Online accessibility
- Payment by Authors
- Short review process



## □ Close Access

- Famous/rich history
- IF index
- Payment by readers/organization
- Long review process (**payments**)

# Search Techniques



## Star ads Question mark

26

- ? **Wildcard:** replaces a character anywhere in a word, except the first character.
  - ▣ **Wom?n** finds **woman** and **women**
  - ▣ **except the first character**

# Truncation

- For singular, plural or word-roots findings.
- Examples:
  - child\*** will retrieve **children, childhood, childlike**
  - adolescen\*** will retrieve **adolescent, adolescence, adolescently**
  - derm\*** will retrieve **dermal, dermatitis, dermatology, dermoid, dermatologist, dermatopathologist, ...**
- Be very careful of small word roots when looking for plurals...

**cat\***

catastrophe

cataract

category

**rat\***

rational

ratify

ratio

Rather use: (cat OR cats)

(rat OR rats)

# Searching Technics (Elsevier & Scopus Only)

- There are two options for searching a phrase:
  - Loose phrase search – double quotes “ “
  - Exact phrase search – single quotes ‘ ‘ Or Curly Brackets { }
  
- Loose phrase search – enclose in double quotes
  - Will search for documents where the words are adjacent to each other
  - Does not insert the AND operator
  - Will ignore punctuation, e.g, hyphens or apostrophes,
    - e.g., “heart-attack” will find docs with and without the hyphen
    - “C++” or “C” will find the same results
  
- Exact phrase search – enclose in single quotes
  - Stop words, punctuation, special characters and wildcards are searched
  - ‘C++’ will only return docs with this exact character combination
  - ‘C’ will return different results
  - Searching for quotation marks requires a \ before the actual quotation mark \’best practice\’

# Registrations

Welcome to PROSPERO  
International prospective register of systematic reviews

## PROSPERO is fast-tracking registration of protocols related to COVID-19

PROSPERO accepts registrations for systematic reviews, **rapid reviews** and umbrella reviews. PROSPERO **does not accept scoping reviews** or **literature scans**. Sibling PROSPERO sites registers systematic reviews of **human studies** and systematic reviews of **animal studies**.

Before registering a new systematic review, check **PROSPERO** and the resources on [COVID-END](#) to see whether a similar review already exists. If so, **please do not duplicate without good reason**. Your efforts may be much more useful if switched to a different topic. This will avoid research waste and contribute more effectively to tackling the pandemic.

Click to **show your search history and hide search results**. Open the **Filters** panel to find records with specific characteristics (e.g. all reviews about cancer or all diagnostic reviews etc)

Click to **hide the standard search and use the Covid-19 filters**.

Q amblyopia



Go

MeSH

Clear filters

Show filters

**First** **Previous** **Next** **Last** (page 1 of 1)

**39** records found for **amblyopia**

Show checked records only | Export

<input type="checkbox"/>	Registered	Title	Type	Review status
<input type="checkbox"/>	20/03/2018	A comparison of the effects of multifocal lenses and single focus lenses for myopia control in children: a meta-analysis [CRD42018087246]		Review Ongoing
<input type="checkbox"/>	03/09/2018	A meta-analysis and systematic review on parental cigarette smoking and eye disease in children [CRD42018106371]		Review Ongoing
<input type="checkbox"/>	16/12/2016	A protocol for causes determining visual impairment in Iran; a meta-analysis [CRD42018053622]		Review Completed

## Materials and methods

### *Search strategy and study selection*

The results of this meta-analysis are presented according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guideline.<sup>18</sup> The protocol of the study was registered in the International Prospective Register of Systematic Reviews with CRD42019119961 code. Four international electronic databases (Web of Science, PubMed, Scopus, and Embase) were searched extensively and systematically from inception to 29 September 2018 to retrieve articles related to the prevalence of any strabismus using its MeSH terms (Table 1). The PICO of the study was as follows:

### *Exclusion criteria*

The inclusion criteria of this study were studies with a cross-sectional design (population based and) and surveys. Studies originating from the phase one of large cohort studies with a cross-sectional design were also included.

Since the aim of the study was to assess the prevalence of any strabismus in the general population, studies performed in certain groups like inpatients and patients suffering from ocular or certain systemic diseases (Down syndrome, etc.) were excluded from analysis. Moreover, cohort, follow-up and longitudinal, retrospective, and hospital and clinic based studies, conference reports, letters, editorials, commentaries, reviews and case series also excluded.

# Cochrane collaboration

[www.cochrane.org](http://www.cochrane.org)

33

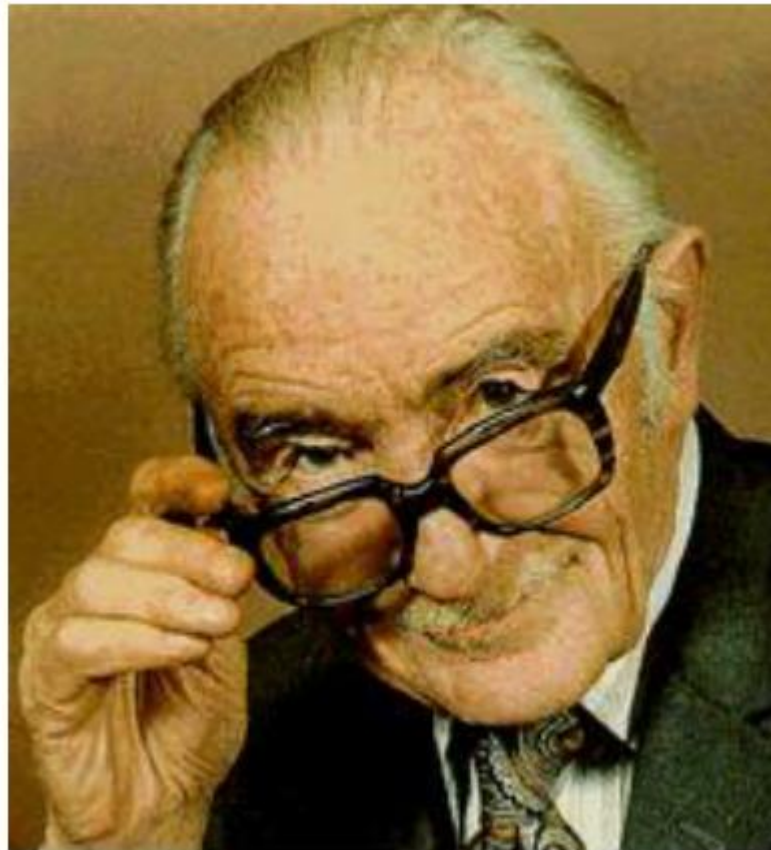




# Archie Cochrane (1990-1988)

## Scottish physician & epidemiologist

34



# The Cochrane collaboration

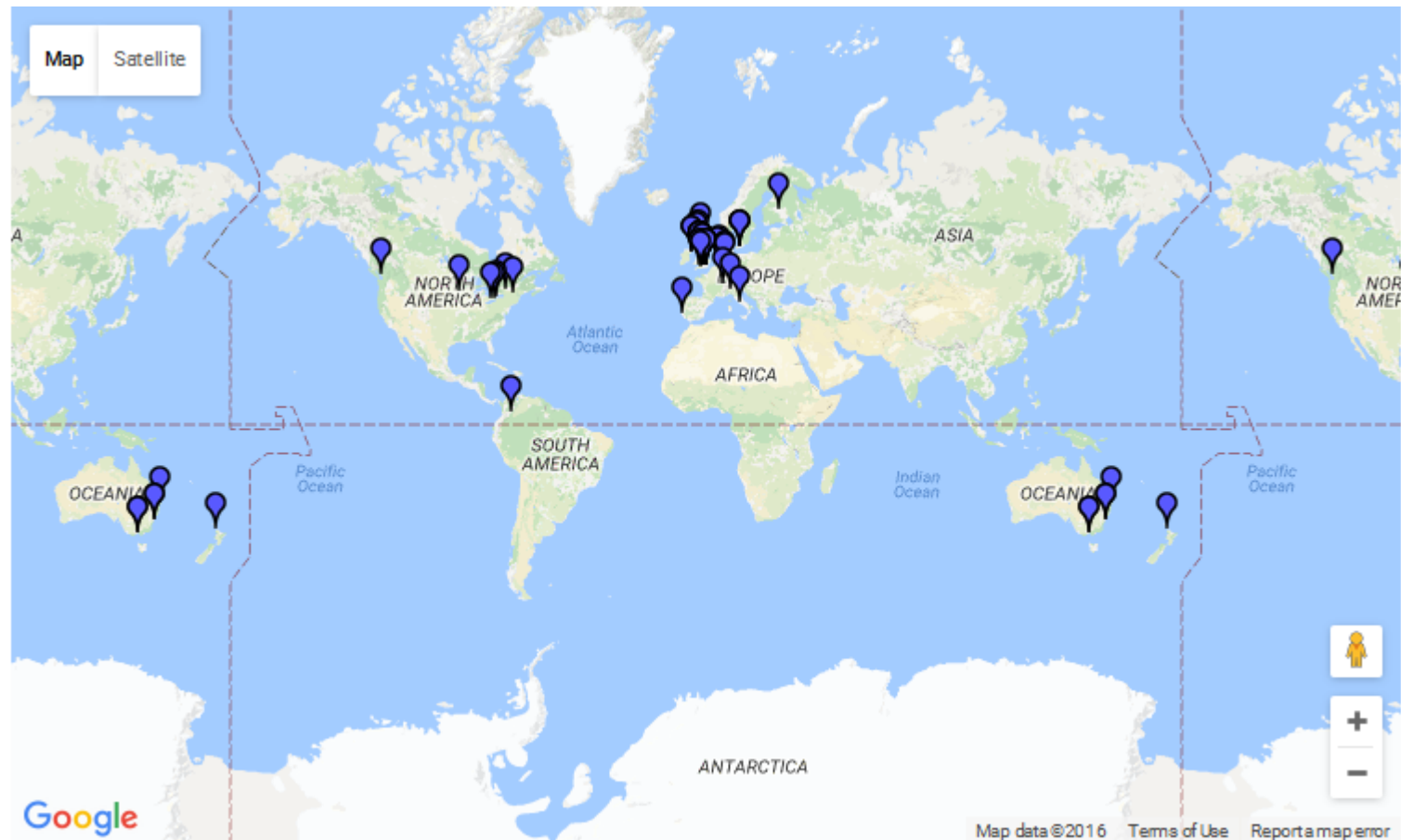
35

- ❖ Non-profit, non-governmental organization
- ❖ Formation: 1993
- ❖ Headquarters: Oxford, England
- ❖ Region served: Worldwide
- ❖ Over 120 countries
- ❖ Volunteers: Over 31,000
- ❖ Over 5,000 published online reviews
- ❖ Website: [www.cochrane.org](http://www.cochrane.org)

# The Cochrane review groups

## 53 groups worldwide

36





## What is Cochrane?

Find out more about who we are, what we do, and why it matters.

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Application Developer -  
Western Europe location



Cochrane seeks  
members for its  
inaugural Scientific



What is Cochrane evidence  
and how can it help you?

Latest Cochrane  
evidence

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lead to quicker recovery of bowel function?

Vaccines to prevent influenza in healthy adults

Gabapentin for chronic neuropathic pain and  
fibromyalgia in adults


Topical non-steroidal anti-inflammatory drugs  
for acute musculoskeletal pain in adults

Vitamin E supplementation in pregnancy

Replacing a peripheral venous catheter when  
statistical analysis of comparative effectiveness

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**Filter your results**

Year 

Year first published

2020 ..... 64429

2019 ..... 106990

2018 ..... 107927

2017 ..... 107897

2016 ..... 102199

Custom Range:

to

 For COVID-19 related studies, please also see the [Cochrane COVID-19 Study Register](#)

**1699826** Trials matching \* in All Text

**Cochrane Central Register of Controlled Trials**  
Issue 11 of 12, November 2020

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- BDP/FF versus formoterol fumarate (FF) in patients with severe COPD (lung function and exacerbation rate)**

WA Wedzicha

[Http://clinicaltrials.gov/ct2/show/nct00929851](http://clinicaltrials.gov/ct2/show/nct00929851), **2661** | added to CENTRAL: 28 February 2018 | 2018 Issue 2



## 2019 Journal Impact Factor for Cochrane Database of Systematic Reviews is 7.890

Print



The 2019 Journal Citation Report (JCR) has just been released by Clarivate Analytics, and we are delighted to announce that Cochrane Database of Systematic Reviews (CDSR) Journal Impact Factor is now **7.890**.

This is an **increase** on the 2018 Journal Impact Factor, which was 7.755.

The CDSR Journal Impact Factor is calculated by taking the total number of citations in a given year to all Cochrane Reviews published in the past 2 years and dividing that number by the total number of Reviews published in the past 2 years. It is a useful metric for measuring the strength of a journal by how often its publications are cited in scholarly articles.

### Some highlights of the CDSR 2019 Journal Impact Factor include:

- The CDSR is ranked 10 of the 165 journals in the Medicine, General & Internal category
- The CDSR received 67,763 cites in the 2019 Journal Impact Factor period, compared with 67,607 in 2018
- The 5-Year Journal Impact Factor is 7.974 compared with 7.949 in 2018



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## Review Manager (RevMan)

- **mandatory** software for writing and publishing your review
- available from <http://ims.cochrane.org/revman>
- free for Cochrane authors and academic use





# Preparing a Systematic review

# Steps in conducting a systematic review

43

1. Objective
2. Inclusion and exclusion criteria
3. Search methods
4. Study selection
5. Data extraction
6. Assessment of metrological quality
7. Measures of treatment/risk effect
8. Data synthesis
9. Assessment of heterogeneity
10. Assessment of reporting biases
11. Sensitivity analysis
12. Subgroup analysis

# Step 1: objective

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## ❖ **The topic should be**

- Focus of special attention
- Enough evidence
- Controversial

# Step 1: objective

45

## ❖ **Primary objective**

- A precise statement of the primary objective of the review, ideally in a single sentence.

## ❖ **Specific objectives**

- A series of specific objectives relating to different subgroups.
- e.g. age, sex, dose, etc.

# Step 1: objective

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## ❖ Structure

- To assess the effects of *intervention* for *health problem* for/in *types of people*.

## ❖ Example 1

- To assess the effect of booster dose vaccination for preventing hepatitis B infection in previously vaccinated healthy individuals.

## ❖ Example 2

- To assess the effect of vitamin D supplementation for treatment of essential hypertension

## ❖ Example 3

- To estimate the prevalence of chronic hepatitis B infection in Iran

## Step 2: inclusion & exclusion criteria

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- P
  - Population, Patient, Problem
- I
  - Intervention/Indicator/Exposure
- C
  - Comparison
- O
  - Outcome
- S
  - Study design



# Does hand washing among healthcare workers reduce hospital acquired infections?

48

- P (Problem or Patient or Population): **hospital acquired infection/ healthcare workers**
- I (intervention/indicator) : **hand washing**
- C (comparison): **no hand washing; other solution; masks**
- O (outcome of interest): **reduced infection**

# Effect of Alcohol on Stroke

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- **P:** both men and women in any age
- **I:** Alcohol
- **C:** no drinker
- **O:** Stroke
- **T:** without restriction
- **S:** observational studies (case-control and cohort)



# Step 2: inclusion & exclusion criteria

50

## 1. Types of participants

➤ Diagnoses, Age groups, Sex, Settings

### ➤ **Example**

➤ We will include those patients with essential hypertension (i.e., diastolic BP equal to or greater than 90 mmHg and/or systolic BP equal to or greater than 140 mmHg).

➤ We will exclude studies whose participants were not screened for ruling out the secondary hypertension.

# Step 2: inclusion & exclusion criteria

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## 2. Types of intervention or risk factor

- Dose, Interval, Duration

### ❖ Example

- The intervention of interest is administering vitamin D supplementation with or without calcium versus placebo or no treatment to assess reduction in BP.
- We will assess vitamin D supplementation, irrespective of drug preparation, dosage, frequency, or duration.
- We excluded other types of intervention, including vitamin D supplementation in combination with other vitamins (i.e. multivitamin)

# Step 2: inclusion & exclusion criteria

52

## 3. Types of comparison or control

- Placebo
- No intervention

### ❖ Example

- The intervention of interest is administering vitamin D supplementation with or without calcium versus placebo or no treatment to assess reduction in BP.

# Step 2: inclusion & exclusion criteria

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## 4. Types of outcome measures

- Death, Disease, Recovery

### ❖ Example

- The primary outcome of interest is the reduction in diastolic and/or systolic BP in term of mmHg.
- The secondary outcome of interest is proportion with undesirable systemic adverse events developed after vitamin D supplementation including weakness, fatigue, sleepiness, headache, loss of appetite, dry mouth, metallic taste, nausea, vomiting and constipation.

# Step 2: inclusion & exclusion criteria

54

## 5. Types of studies

- RCT, Cohort, Case-control, Cross-sectional

### ❖ Example

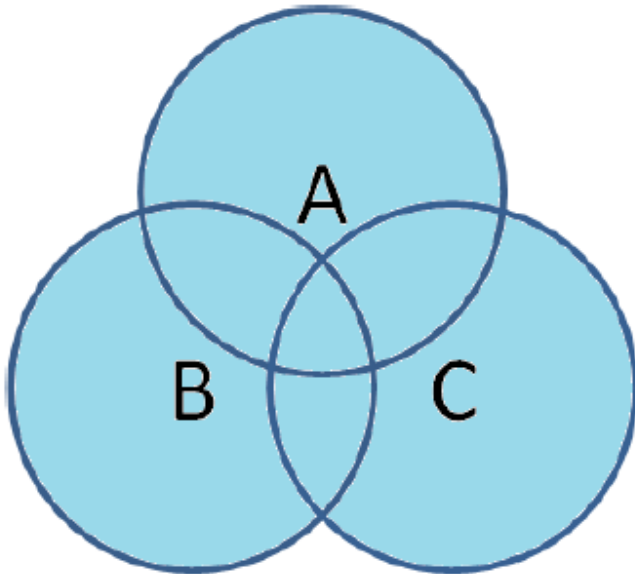
- We will include RCTs addressing response to vitamin D supplementation in patients with essential hypertension.
- We will include trials, irrespective of randomization method, blinding, period of follow-up, publication status, or language.
- We will exclude particular types of randomized studies such as crossover or factorial trials.

- 1) P: Term [title/abstract] OR Term [Mesh]
  - 2) I: Term [title/abstract] OR Term [Mesh]
  - 3) C: Term [title/abstract] OR Term [Mesh]
  - 4) O: Term [title/abstract] OR Term [Mesh]
- 1 AND 2 AND 3 AND 4

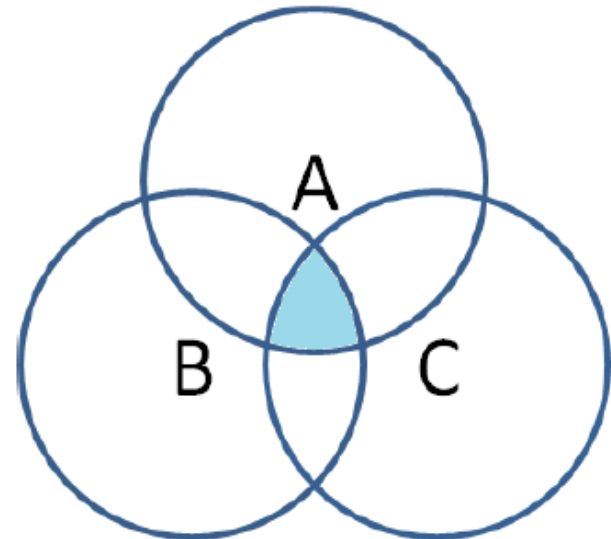
# Step 3: Search Methods

56

$$A \text{ OR } B \text{ OR } C = A \cup B \cup C$$



$$A \text{ AND } B \text{ AND } C = A \cap B \cap C$$



➤ Go to <http://www.ncbi.nlm.nih.gov/pubmed/>

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The screenshot shows the PubMed website homepage. At the top, there is a navigation bar with the NCBI logo, "Resources", and "How To" links. A search bar is prominently displayed with the text "PubMed" and a "Search" button. Below the search bar, there is a section titled "PubMed" with a description: "PubMed comprises more than 24 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full-text content from PubMed Central and publisher web sites." To the right of this section is a "PubMed Commons" section featuring a row of social media icons and a "Featured comment" dated "Sep 28" by "S Hiremath (@hswapnil)" discussing a clinical trial. Below these sections are three columns of links: "Using PubMed" (including Quick Start Guide, Full Text Articles, FAQs, Tutorials, and Noteworthy), "PubMed Tools" (including Mobile, Citation Matchers, Clinical Queries, and Topic-Specific Queries), and "More Resources" (including MeSH Database, Journals in NCBI Databases, Clinical Trials, E-Utilities (API), and LinkOut).



- Write each related term from previous box in the search PubMed box and choose MeSH from the other box

The screenshot shows the PubMed website interface. At the top, there is a navigation bar with 'NCBI Resources' and 'How To' menus. The main search area features a search box containing the text 'hypertension' and a dropdown menu currently set to 'Taxonomy'. The dropdown menu is open, showing a list of options: MedGen, MeSH (highlighted with a red circle), NCBJ Web Site, NLM Catalog, Nucleotide, OMIM, PMC, PopSet, Probe, Protein, Protein Clusters, PubChem BioAssay, PubChem Compound, PubChem Substance, PubMed, PubMed Health, SNP, SRA, Structure, and Taxonomy. To the right of the search box is a 'Search' button. Below the search area, there is a 'PubMed Commons' section with social media icons and a featured comment. At the bottom of the page, there are three columns of links: 'Using PubMed' (including PubMed Quick Start Guide, Full Text Articles, and PubMed FAQs), 'PubMed Tools' (including PubMed Mobile, Single Citation Matcher, and Batch Citation Matcher), and 'More Resources' (including MeSH Database, Journals in NCBI Databases, and Clinical Trials). The 'MeSH Database' link in the 'More Resources' column is circled in red.

The screenshot shows a web browser window with the URL [www.ncbi.nlm.nih.gov/mesh/68020521](http://www.ncbi.nlm.nih.gov/mesh/68020521). The page is titled "Stroke - MeSH - NCBI". The search bar contains "Stroke" and the "Search" button is visible. Below the search bar, there are links for "Limits" and "Advanced".

The main content area displays the MeSH term "Stroke" with a definition: "A group of pathological conditions characterized by sudden, non-convulsive loss of neurological function due to BRAIN ISCHEMIA or INTRACRANIAL HEMORRHAGES. Stroke is classified by the type of tissue NECROSIS, such as the anatomic location, vasculature involved, etiology, age of the affected individual, and hemorrhagic vs. non-hemorrhagic nature. (From Adams et al., Principles of Neurology, 6th ed, pp777-810)". This definition is highlighted with a red border. Below the definition, it states "Year introduced: 2008 (2000)".

There are also "PubMed search builder options" and "Subheadings" listed with checkboxes:

- analysis
- anatomy and histology
- blood
- cerebrospinal fluid
- epidemiology
- ethnology
- etiology
- necrosis
- physiopathology
- prevention and control
- psychology
- radiography

On the right side, there is a "PubMed Search Builder" section with a search box, "Add to search builder" button, "AND" dropdown, and "Search PubMed" button. Below that is a "Related information" section with a "PubMed" link.

Tree Number(s): C10.228.140.300.775, C14.907.253.855

Entry Terms:

- Strokes
- Apoplexy
- CVA (Cerebrovascular Accident)
- CVAs (Cerebrovascular Accident)
- Cerebrovascular Accident
- Cerebrovascular Accidents
- Cerebrovascular Apoplexy
- Apoplexy, Cerebrovascular
- Cerebrovascular **Stroke**
- Cerebrovascular Strokes
- **Stroke**, Cerebrovascular
- Strokes, Cerebrovascular
- Vascular Accident, Brain
- Brain Vascular Accident
- Brain Vascular Accidents
- Vascular Accidents, Brain
- Cerebral **Stroke**
- Cerebral Strokes
- **Stroke**, Cerebral
- Strokes, Cerebral
- **Stroke**, Acute
- Acute **Stroke**
- Acute Strokes
- Strokes, Acute
- Cerebrovascular Accident, Acute
- Acute Cerebrovascular Accident
- Acute Cerebrovascular Accidents

1. alcohol drinking [Title/Abstract] OR alcohol drinking [MeSH Terms] (6280)
2. alcohol drinking habit [Title/Abstract] OR alcohol drinking habit [MeSH Terms] (6010)
3. alcohol consumption [Title/Abstract] OR alcohol consumption [MeSH Terms] (8752)
4. 1 OR 2 OR 3 (8966)
5. Stroke [Title/Abstract] OR Stroke [MeSH Terms] (45277)
6. cerebrovascular accident [Title/Abstract] OR cerebrovascular accident [MeSH Terms] (20351)
7. Apoplexy [Title/Abstract] OR Apoplexy [MeSH Terms] (20299)
8. 5 OR 6 OR 7 (45734)
9. 4 AND 8 (287)

Use the builder below to create your search

[Edit](#)

### Builder

All Fields ▾



AND ▾

All Fields ▾



[Search](#) or [Add to history](#)

### History

[Do](#)

Search	Add to builder	Query
<a href="#">#11</a>	<a href="#">Add</a>	Search (("Stroke"[Mesh]) AND (("Case-Control Studies"[Mesh] OR "Cohort Studies"[Mesh]) OR "Epidemiologic Studies"[Mesh])) AND (((Alcohols"[Mesh]) OR "Beer"[Mesh]) OR "Wine"[Mesh])
<a href="#">#10</a>	<a href="#">Add</a>	Search (("Alcohols"[Mesh]) OR "Beer"[Mesh]) OR "Wine"[Mesh]
<a href="#">#7</a>	<a href="#">Add</a>	Search ("Case-Control Studies"[Mesh] OR "Cohort Studies"[Mesh]) OR "Epidemiologic Studies"[Mesh]
<a href="#">#3</a>	<a href="#">Add</a>	Search "Stroke"[Mesh]

TEXT AVAILABILITY

- Abstract
- Free full text
- Full text

ARTICLE ATTRIBUTE

- Associated data

ARTICLE TYPE

- Books and Documents
- Clinical Trial
- Meta-Analysis
- Randomized Controlled Trial
- Review
- Systematic Review

PUBLICATION DATE

- 1 year
- 5 years
- 10 years

incidence of adverse events was much the same between groups: 10 participants in the ginkgo group died compared with 82 participants in the placebo group (094, 069-128; p=068). 65 participants in the ginkgo group had a **stroke** compared with 60 participants in the placebo gr ...

[Results of the CAPRIE trial: efficacy and safety of clopidogrel. Clopidogrel versus aspirin in patients at risk of ischaemic events.](#)

2

Cite

Creager MA.

Vasc Med. 1998;3(3):257-60. doi: 10.1177/1358836X9800300314.

Share

PMID: 9892520    Review.

The primary outcome measurement was an aggregate of myocardial infarction, ischemic **stroke** and vascular death. Event rates of 5.32% and 5.83% were associated with clopidogrel and aspirin therapy, respectively. ...

[The VITATOPS \(Vitamins to Prevent \*\*Stroke\*\*\) Trial: rationale and design of an international, large, simple, randomised trial of homocysteine-lowering multivitamin therapy in patients with recent transient ischaemic attack or \*\*stroke\*\*.](#)

3

Cite

VITATOPS Trial Study Group.

Share

Cerebrovasc Dis. 2002;13(2):120-6. doi: 10.1159/000047761.

PMID: 11867886    Review.

BACKGROUND: Epidemiological studies suggest that raised plasma concentrations of total homocysteine (tHcy) may be a common, causal and treatable risk factor for atherothromboembolic ischaemic **stroke**. Although tHcy can be lowered effectively with small doses of folic acid, ...

[2013 SYR Accepted Poster Abstracts.](#)

4

[No authors listed]

Int J Yoga Therap. 2013;22 Suppl:22-52.

# Time and Language

# Step 3: Search Methods

64

## 1. Electronic searches

- Bibliographic databases
  - CENTRAL
  - MEDLINE
  - ISI Web of Knowledge
  - Scopus
  - EMBASE
- Dates and periods of search
- Language
- Full search strategies for each database

# Step 3: Search Methods

66

## ❖ **Example**      Effect of vitamin D supplement on hypertension

- #1 Vitamin D
- #2 Ergocalciferol
- #3 Cholecalciferol
- #4 Calciferol
- #5 (#1 OR #2 OR #3 OR #4)
- #6 Hypertension
- #7 Hypertensive
- #8 Blood Pressure
- #9 (#6 OR #7 OR #8)
- #10 Randomized Controlled Trial
- #11 Randomised Controlled Trial
- #12 Randomized Clinical Trial
- #13 Randomised Clinical Trial
- #14 Controlled Clinical Trial
- #15 Placebo
- #16 (#10 Or #11 Or #12 Or #13 Or #14 Or #15)
- #17 Animals
- #18 (#5 AND #9 AND #16)
- #19 (#18 NOT #17)



Use the builder below to create your search

[Edit](#)

[Clear](#)

### Builder

All Fields  [Show index list](#)

AND All Fields  [Show index list](#)

or [Add to history](#)

### History

[Download history](#) [Clear history](#)

Search	Add to builder	Query	Items found	Time
<a href="#">#17</a>	<a href="#">Add</a>	Search #7 AND #13 AND #16	<a href="#">108</a>	21:56:48
<a href="#">#16</a>	<a href="#">Add</a>	Search #14 OR #15	<a href="#">462483</a>	21:54:16
<a href="#">#15</a>	<a href="#">Add</a>	Search Controlled Clinical Trial[Publication Type]	<a href="#">88298</a>	21:53:57
<a href="#">#14</a>	<a href="#">Add</a>	Search Randomized Controlled Trial[Publication Type]	<a href="#">378972</a>	21:50:58
<a href="#">#13</a>	<a href="#">Add</a>	Search #8 OR #9 OR #10 OR #11 OR #12	<a href="#">507164</a>	21:49:51
<a href="#">#12</a>	<a href="#">Add</a>	Search Blood Pressure[Title/Abstract]	<a href="#">227307</a>	21:48:48
<a href="#">#11</a>	<a href="#">Add</a>	Search Blood Pressure[MeSH Major Topic]	<a href="#">77904</a>	21:48:38
<a href="#">#10</a>	<a href="#">Add</a>	Search Hypertensive[Title/Abstract]	<a href="#">90581</a>	21:48:09
<a href="#">#9</a>	<a href="#">Add</a>	Search Hypertension[Title/Abstract]	<a href="#">285426</a>	21:47:32
<a href="#">#8</a>	<a href="#">Add</a>	Search Hypertension[MeSH Major Topic]	<a href="#">152500</a>	21:47:20
<a href="#">#7</a>	<a href="#">Add</a>	Search #1 OR #2 OR #3 OR #4 OR #5 OR #6	<a href="#">51530</a>	21:46:42
<a href="#">#6</a>	<a href="#">Add</a>	Search Cholecalciferol[Title/Abstract]	<a href="#">1622</a>	21:44:13
<a href="#">#5</a>	<a href="#">Add</a>	Search Cholecalciferol[MeSH Major Topic]	<a href="#">14610</a>	21:44:04
<a href="#">#4</a>	<a href="#">Add</a>	Search Ergocalciferols[Title/Abstract]	<a href="#">3</a>	21:42:28
<a href="#">#3</a>	<a href="#">Add</a>	Search Ergocalciferols[MeSH Major Topic]	<a href="#">2015</a>	21:42:16
<a href="#">#2</a>	<a href="#">Add</a>	Search vitamin D[Title/Abstract]	<a href="#">40428</a>	21:41:24
<a href="#">#1</a>	<a href="#">Add</a>	Search vitamin D[MeSH Major Topic]	<a href="#">29333</a>	21:41:10

Save

Email

Send to

Sorted by: Best match

Display options

### Create a file for external citation management software

Selection:

All results

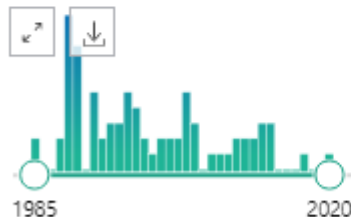
Create file

Cancel

MY NCBI FILTERS

76 results

RESULTS BY YEAR



TEXT AVAILABILITY

- Abstract
- Free full text

Filters applied: Randomized Controlled Trial. Clear all

- Long-term use of standardised Ginkgo biloba extract for the prevention of Alzheimer's disease (GuidAge): a randomised placebo-controlled trial.
  - 1 Vellas B, Coley N, Ousset PJ, Berrut G, Dartigues JF, Dubois B, Grandjean H, Pasquier F, Piette F, Robert P, Touchon J, Garnier P, Mathiex-Fortunet H, Andrieu S; GuidAge Study Group. Lancet Neurol. 2012 Oct;11(10):851-9. doi: 10.1016/S1474-4422(12)70206-5. Epub 2012 Sep 6. PMID: 22959217 Review. Incidence of adverse events was much the same between groups. 76 participants in the ginkgo group died compared with 82 participants in the placebo group (094, 069-128; p=068). 65 participants in the ginkgo group had a **stroke** compared with 60 participants in the placebo gr ...
- Results of the CAPPIE trial: efficacy and safety of donepezil. Donepezil versus

## Import your search result in *EndNote*

The screenshot shows the EndNote X7 interface with a list of 25 search results imported into the library. The results are displayed in a table with columns for Author, Year, and Title. The 'Imported References' group in the left sidebar is highlighted, showing 134 items. The bottom status bar indicates 'No References Selected'.

Author	Year	Title
	2004	[Optimizing antihypertensive therapy. In 5 years 35,000 strokes are preventable]
	2005	ASCOT blood pressure-lowering arm--study of effects of two BP-lowering regimens in hypertensive patients with cardiovas
	2014	Baseline characteristics of the 4011 patients recruited into the 'Efficacy of Nitric Oxide in Stroke' (ENOS) trial
Adunsky, A.; Hershkovitz, M.	1998	Binding of platelet-activating factor to platelets of ischemic stroke patients
An, L.; Zhang, Y.; Thomasson, D. M.; Latour, L. L.; B...	2009	Measurement of glutathione in normal volunteers and stroke patients at 3T using J-difference spectroscopy with minimized
Anis, A. H.; Sun, H.; Singh, S.; Woolcott, J.; Nosyk, ...	2006	A cost-utility analysis of losartan versus atenolol in the treatment of hypertension with left ventricular hypertrophy
Ankolekar, S.; Fuller, M.; Cross, I.; Renton, C.; Cox, ...	2013	Feasibility of an ambulance-based stroke trial, and safety of glyceryl trinitrate in ultra-acute stroke: the rapid intervention w
Armitage, P. A.; Rivers, C. S.; Karaszewski, B.; Tho...	2012	A grid overlay framework for analysis of medical images and its application to the measurement of stroke lesions
Ashes, C.; Judelman, S.; Wijeyesundera, D. N.; Tait, ...	2013	Selective beta1-antagonism with bisoprolol is associated with fewer postoperative strokes than atenolol or metoprolol: a sin
Azuma, T.; Matsubara, T.; Nagai, Y.; Funachi, M.; F...	1997	Effects of antihypertensive agents on circadian blood pressure in hypertensive patients with previous brain infarction
Bang, C. N.; Gerds, E.; Aurigemma, G. P.; Boman, ...	2014	Four-group classification of left ventricular hypertrophy based on ventricular concentricity and dilatation identifies a low-ris
Bangalore, S.; Messerli, F. H.; Cohen, J. D.; Bacher, ...	2008	Verapamil-sustained release-based treatment strategy is equivalent to atenolol-based treatment strategy at reducing cardi
Bereczki, D.; Mihalka, L.; Szatmari, S.; Fekete, K.; ...	2003	Mannitol use in acute stroke: case fatality at 30 days and 1 year
Berger, C.; Anneck, A.; Aschoff, A.; Spranger, M.; ...	1999	Neurochemical monitoring of fatal middle cerebral artery infarction
Berger, C.; Kiening, K.; Schwab, S.	2008	Neurochemical monitoring of therapeutic effects in large human MCA infarction
Berger, C.; Schabitz, W. R.; Georgiadis, D.; Steiner,...	2002	Effects of hypothermia on excitatory amino acids and metabolism in stroke patients: a microdialysis study
Berger, K.; Ajani, U. A.; Kase, C. S.; Gaziano, J. M.; B...	1999	Light-to-moderate alcohol consumption and risk of stroke among U.S. male physicians
Beulens, J. W.; Algra, A.; Soedamah-Muthu, S. S.; V...	2010	Alcohol consumption and risk of recurrent cardiovascular events and mortality in patients with clinically manifest vascular di
Bourassa, M. G.	2005	Angiotensin II inhibition and prevention of atrial fibrillation and stroke
Brembilla-Perrot, B.; Blangy, H.	2006	Prevalence of inducible paroxysmal supraventricular tachycardia during esophageal electrophysiologic study in patients with
Briganti, F.; Leone, G.; Panagiotopoulos, K.; Marse...	2013	Endovascular treatment of cerebral aneurysms using the hydrocoil embolic system
Broderick, J. P.; Viscoli, C. M.; Brott, T.; Kernan, W...	2003	Major risk factors for aneurysmal subarachnoid hemorrhage in the young are modifiable
Brust, J. C.	2003	Editorial comment--Over-the-counter cold remedies and stroke
Cantu, C.; Arauz, A.; Murillo-Bonilla, L. M.; Lopez, ...	2003	Stroke associated with sympathomimetics contained in over-the-counter cough and cold druugs

## ➤ Find all full text in Endnote

The screenshot displays the EndNote application window. The 'References' menu is open, and the 'Find Full Text' option is selected. A sub-menu is visible, showing 'Find Full Text...' and 'Authenticate...'. The main window displays a list of references with columns for Title, Rating, Journal, Last Updated, and Reference Type. The 'Find Full Text' option is highlighted in the menu, indicating the process of finding full text for the selected references.

Title	Rating	Journal	Last Updated	Reference Type
Myocardial infarctions and cerebrovascular acc...	. . . . .	J Hypertens Su...	9/29/2014	Journal Article
The Dutch TIA trial: protective effects of low-...	. . . . .	Stroke	9/29/2014	Journal Article
Prevention of stroke by antihypertensive drug...	. . . . .	JAMA	9/29/2014	Journal Article
Implications of the systolic hypertension in the...	. . . . .	Hypertension	9/29/2014	Journal Article
Effects of carvedilol, a vasodilator-beta-blocke...	. . . . .	Circulation	9/29/2014	Journal Article
Heart failure treatment with angiotensin-conv...	. . . . .	Arch Intern Med	9/29/2014	Journal Article
...plamine (continued)	. . . . .	Prescrire Int	9/29/2014	Journal Article
... heart failure. Beta ...	. . . . .	MMW Fortschr...	9/29/2014	Journal Article
ASCOT blood pressure-lowering arm--study of...	. . . . .	Cardiovasc J S ...	9/29/2014	Journal Article
Glyceryl trinitrate vs. control, and continuing v...	. . . . .	Int J Stroke	9/29/2014	Journal Article
A haemodynamic study during OPCAB surgery ...	. . . . .	Thorac Cardio...	9/29/2014	Journal Article
Comparison of frequencies of atrial fibrillation ...	. . . . .	Am J Cardiol	9/29/2014	Journal Article
Binding of platelet-activating factor to platele...	. . . . .	J Gerontol A Bi...	9/29/2014	Journal Article
Carvedilol reduces aldosterone release in systo...	. . . . .	Heart Lung Circ	9/29/2014	Journal Article
Impairment of cardiac neuronal function in ac...	. . . . .	J Nucl Med	9/29/2014	Journal Article
Effects of beta-blockers on ventilation efficie...	. . . . .	Am Heart J	9/29/2014	Journal Article
Predictors of inotrope use in patients undergoi...	. . . . .	J Cardiothorac ...	9/29/2014	Journal Article
Predictive value of noninvasively determined ...	. . . . .	Coron Artery Dis	9/29/2014	Journal Article
Terlipressin or norepinephrine in hyperdynami...	. . . . .	Crit Care Med	9/29/2014	Journal Article
Association of glycerol to dexamethasone in tr...	. . . . .	Acta Neurol Sc...	9/29/2014	Journal Article
Adrenergic receptor polymorphisms and prev...	. . . . .	Circ Arrhythm ...	9/29/2014	Journal Article
Case-control evaluated by beta-blockers, nitr...	. . . . .	J Cardiovasc M...	9/29/2014	Journal Article

The screenshot shows the EndNote X3 interface. The 'References' menu is open, and 'Find Duplicates' is highlighted. The main window displays a list of 18 references. The first reference is selected, and its details are shown in the preview pane at the bottom.

Year	Title	Journal	Ref Type	URL
1989	Redundant publication	N Engl J Med	Journal Article	http://ww
2008	Redundant publication in the journal ...	Radiology	Journal Article	http://ww
2011	Predictors of hepatic encephalopat...	J Gastroenterol Hep...	Journal Article	http://ww
2013	l-ornithine-l-aspartate for hepatic en...	J Gastroenterol Hep...	Journal Article	http://ww
2011	An international registry of systemati...	Lancet	Journal Article	http://ww
2006	Duplicate publications: redundancy i...	J Plast Reconstr Aes...	Journal Article	http://ww
1995	Redundant publication: a reminder	N Engl J Med	Journal Article	http://ww
1999	Improving the quality of reports of m...	Lancet	Journal Article	http://ww
2009	Preferred reporting items for system...	Ann Intern Med	Journal Article	http://ww
2013	Prevalence of inherited antithrombin...	J Gastroenterol Hep...	Journal Article	http://ww
2011	JAK2V617F mutation and myelopro...	Aliment Pharmacol T...	Journal Article	http://ww
2013	Prevalence of covert duplicate publi...	Am J Med	Journal Article	http://ww
2013	Find Duplicates among the PubMed...	Plos One	Journal Article	http://ww
2013	Prevalence and risk factors of hepat...	Eur J Gastroenterol ...	Journal Article	http://ww
2001	Redundant surgical publications: tip ...	Surgery	Journal Article	http://ww
1997	Impact of covert duplicate publicatio...	BMJ	Journal Article	http://ww
2004	Different patterns of duplicate public...	JAMA	Journal Article	http://ww
2010	Patency and clinical outcomes of tra...	J Gastroenterol Hep...	Journal Article	http://ww

Preview | Search |

1 Angell M, Reiman AS. Redundant publication. *N Engl J Med* 1989; **320**(18): 1212-1214 [PMID: 2710194 DOI: 10.1056/NEJM198905043201812]

# Step 3: Search Methods

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## **2. Searching other resources**

- Reference lists
- Hand searching
- Conference proceedings
- Authors of the included articles

# Step 3: Search Methods

## ❖ Example

- We will scan the reference lists of all included studies and pertinent reviews for additional relevant reports.
- We will contact the trials' authors of included studies for additional unpublished trials.
- The following conference databases will be searched for unpublished data:
  - American Society of Hypertension; available form: <http://www.ash-us.org>
  - American Heart Association; available from: <http://www.ish-world.com>
  - British Hypertension society; available from: <http://www.bhsoc.org>
  - Europeant Society of Hypertension; available form: <http://www.eshonline.org>
  - International Society of Hypertension; available from: <http://www.ish-world.com>

# Step 4: Study Selection

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## ❖ **Examine identified studies**

1. Titles and abstracts
2. Full text reports

## ❖ **Studies have to meet pre-specified criteria for inclusion in the review**

- A single failed eligibility criterion is sufficient for a study to be excluded from a review.



# Step 4: Study Selection

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- ❖ Assessment of eligibility of studies should be done by at least two people, ideally independently.
  - Any disagreements should be resolved either via discussion or by 3<sup>rd</sup> author.
- ❖ Classification of the studies
  - Include
  - Exclude
  - Unsure

# Step 4: Study Selection

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## ❖ Example

- Two authors independently will make the decision on which studies meet the inclusion criteria to objective of this meta-analysis.
- The authors will not be blinded to the names of the studies authors, journals, and results.
- Any disagreements will resolve through discussion among the authors until consensus is reached.

# Step 5: Data extraction

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## ❖ Data collection form

- Electronic forms
- Paper forms

❖ Extraction of data from study reports should be done by at least two people, ideally independently.

- Any disagreements should be resolved either via discussion or by 3<sup>rd</sup> author.

# Step 5: Data extraction

## ❖ Example

- Extraction of data from study reports, will be done by at least two authors independently using the 'Data Collection Form'.
- Any disagreements will be resolved through discussion among the authors until consensus is reached.
- In cases of missing data or need for clarification, trial authors will be contacted.



# Step 6: Assessment of Methodological Quality

- ❖ The methodological quality should be assessed by at least two people independently.
- ❖ Many tools have been proposed for assessing the quality of studies, including:
  - **Scales**
    - in which various components of quality are scored and combined to give a summary score;
  - **Checklists**
    - in which specific questions are asked

## □ Critical Appraisal Skills Program (CASP) checklist

1. Observational study
2. RCT
3. Systematic reviews

## □ Quality assessment checklist

1. Cross sectional: **newcastle-ottawa scale (nos)**
2. Observational: **STROBE**
3. RCT: **Cochrane Risk of Bias Tool**
4. SR: **ROBIS tools**

# PRISMA

- PRISMA is an evidence-based **minimum set of items for reporting in systematic reviews and meta-analyses**. PRISMA focuses on the reporting of reviews evaluating randomized trials, but can also be used as a basis for reporting systematic reviews of other types of research, particularly evaluations of interventions.



## **TITLE**

Title

## **ABSTRACT**

Structured summary

## **INTRODUCTION**

Rationale

Objectives

## **METHODS**

Protocol and registration

Eligibility criteria

Information sources

Search

Study selection

Data collection process

Data items

Risk of bias in individual studies

Summary measures

Synthesis of results

Risk of bias across studies

Additional analyses

## **RESULTS**

Study selection

Study characteristics

Risk of bias within studies

Results of individual studies

Synthesis of results

Risk of bias across studies

Additional analysis

## **DISCUSSION**

Summary of evidence

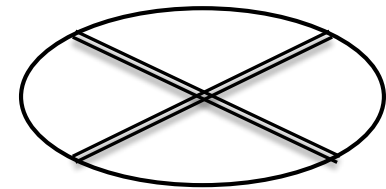
Limitations

Conclusions

## **FUNDING**

Funding

The present meta-analysis was conducted according to the Preferred Reporting Item for Systematic Reviews and Meta-Analysis (PRISMA) guidelines.<sup>9</sup>



In this study, the results were reported based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA guideline).<sup>22</sup> For this purpose,



The results of this meta-analysis are presented according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guideline.<sup>18</sup> The protocol of the study was registered in the



# Step 6: Assessment of Methodological Quality

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## ❖ PRISMA Statement (2009)

- Preferred Reporting Items for Systematic Reviews and Meta-Analyses.

## ❖ QUOROM Statement (1999)

- Improving the Quality of Reports of Meta-analyses of Randomized Controlled Trials

## ❖ Moose Statement (2000)

- Meta-analysis of Observational Studies in Epidemiology

# Step 6: Assessment of Methodological Quality

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## ❖ Cochrane criteria for judging risk of bias in RCTs

- Sequence generation
- Allocation concealment
- Blinding of participants and personnel
- Incomplete outcome data
- Selective outcome reporting

## ❖ Judgment

Low Risk

High Risk

Unknown

# Step 6: Assessment of Methodological Quality

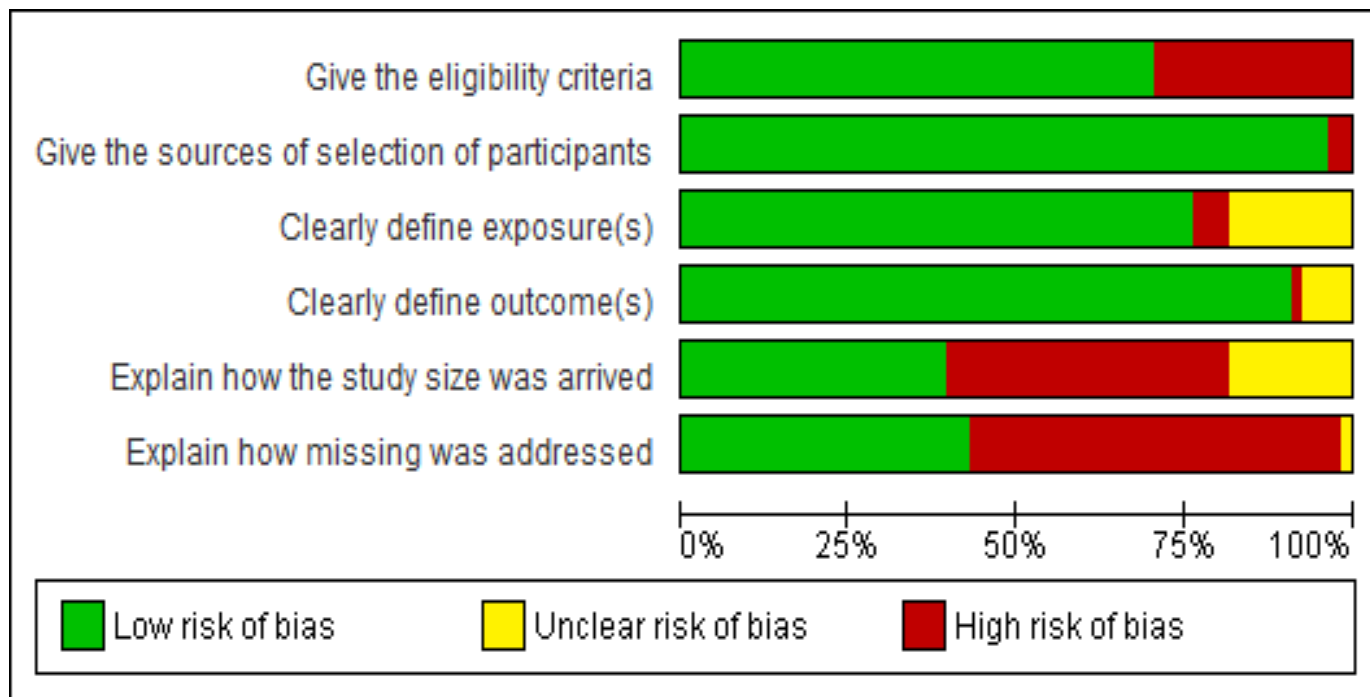
## ❖ Example

- The risk of bias in included studies will be assessed by two authors independently using the risk of bias tool.
- Any disagreements will be resolved through discussion among the authors until consensus is reached.

# Step 6: Assessment of Methodological Quality

## Risk of bias graph

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# Step 6: Assessment of Methodological Quality

## Risk of bias summary

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A risk of bias summary table for eight studies. The studies are listed on the left, and the bias domains are listed at the bottom. The table cells contain symbols: a green plus sign (+) for low risk, a pink minus sign (-) for high risk, and a yellow question mark (?) for unclear risk. A key at the bottom right explains the symbols.

Study	Random sequence generation	Allocation concealment	Blinding of participants and personnel	Blinding of outcome assessment	Incomplete outcome data	Selective reporting	Other bias
Best 2007	+	+	-	+	+	+	+
Bossi 2004	+	?	-	-	+	+	?
Burger 2003	?	?	-	-	+	+	?
Clevenbergh 2002	+	+	-	-	-	+	-
Crommentuyn 2005	?	?	-	-	+	+	?
Fletcher 2002	+	+	-	-	+	+	?
Khoo 2006	+	?	-	-	+	-	-
Torti 2005	+	?	-	+	+	-	-

**Key**

- + Low risk of bias
- High risk of bias
- ? Unclear risk of bias

# Step 7: Measure of Treatment/ Risk Effect

❖ The effect measures of choice should be stated.

➤ Dichotomous data

- Risk Ratio (RR)
- Odds Ratio (OR)
- Risk Difference (RD)

➤ Continuous data

- Mean Difference (MD)
- Standardized Mean Difference (SMD)

➤ Count data

- Rate Ratio (RR)

➤ Time-to-event data

- Hazard Ratio



# Step 7: Measure of Treatment/ Risk Effect

## ❖ Example

- The effect measure of choice for dichotomous outcome was risk ratio (RR).
- The effect measure of choice for continuous outcome was mean difference (MD).
- All estimates were reported with 95% confidence interval (CI)

## Step 8: Data Synthesis

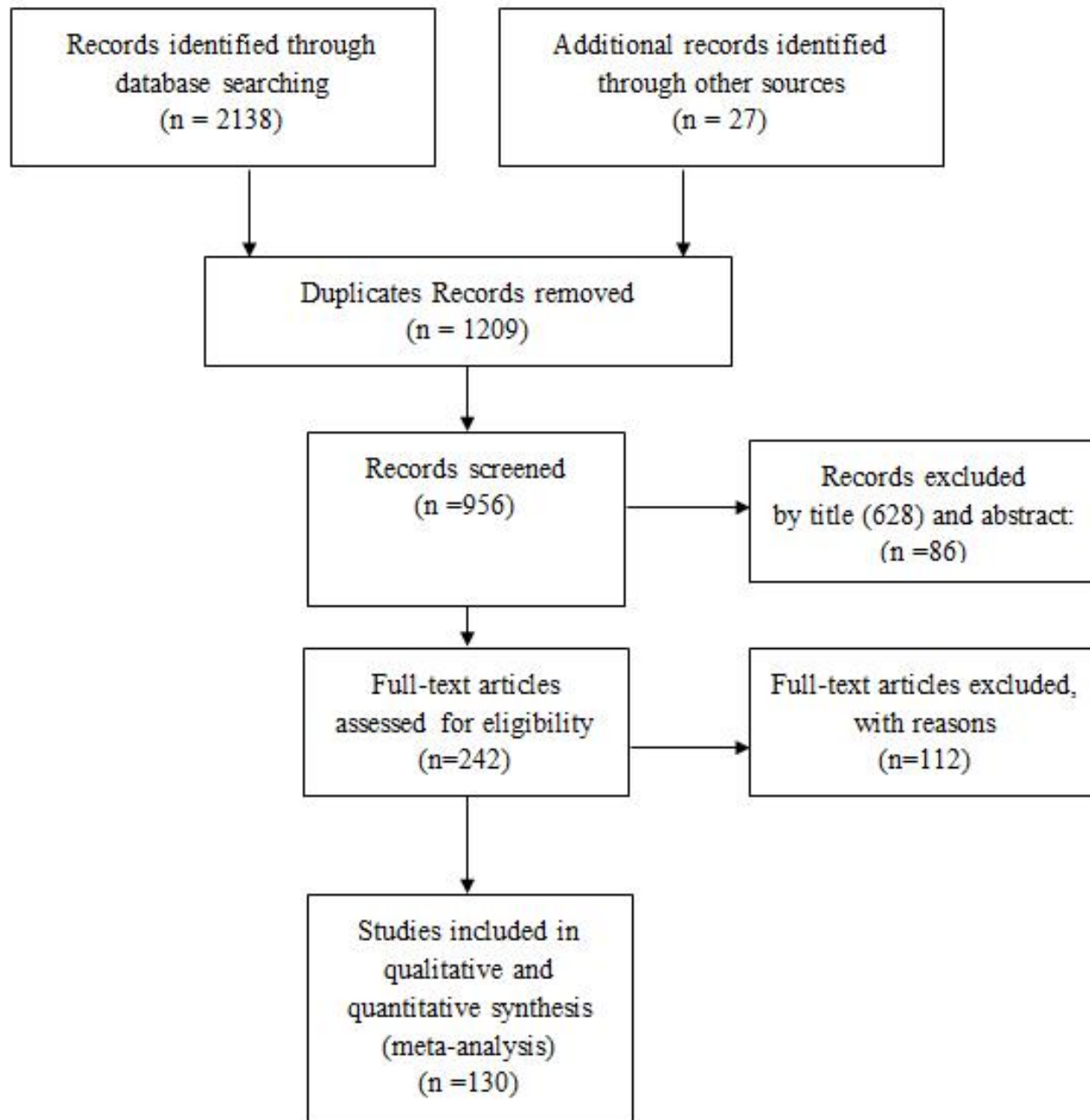
- ❖ One goal of a meta-analysis will often be to estimate the overall, or combined effect.
- ❖ If all studies in the analysis were equally precise we could simply compute the mean of the effect sizes.
- ❖ However, some studies were more precise than others.
- ❖ Therefore, in meta-analysis, we compute a weighted mean, with more weight given to the studies that carried more information and less weight given to others.

Identification

Screening

Eligibility

Included



# Also Note Biases

---

- Publication Bias
- Fulltext Bias
- Language Bias
- Database Bias
- ...
- ...

# Publication Bias



- “Publication bias refers to the greater likelihood that studies with positive results will be published”
- *JAMA* 2002;287:2825-2828

# Publication Bias

- Positive trials are more likely to be submitted for publication
- Positive trials are more likely to be published
- Positive trials are more likely to be published quickly
- Stern and Simes *BMJ* 1997;315:640-645

# Publication Bias

- Sterling study: 97% of papers published in 4 psychology journals showed statistically significant results at alpha level 5% !
- Dickersin study: compared published RCTs with unpublished ones .results:55%pub,15% unpub, favoring new therapy!
- Mahoney study:75 reviewers asked to review different versions of a fictitious manuscript. "introduction" & "methods" : identical, "results" & "discussion" : different (+/ambiguous /-). results of reviewers evaluation : manuscripts with "positive" results received higher average scores!

# Publication Bias

- 1)...if they had reached sig.
- 2) positive result
- 3) interesting results for both reviewers & authors!
- 4) language bias (ENG) in being included in a meta-analysis.



# How to Bypass Publication Bias

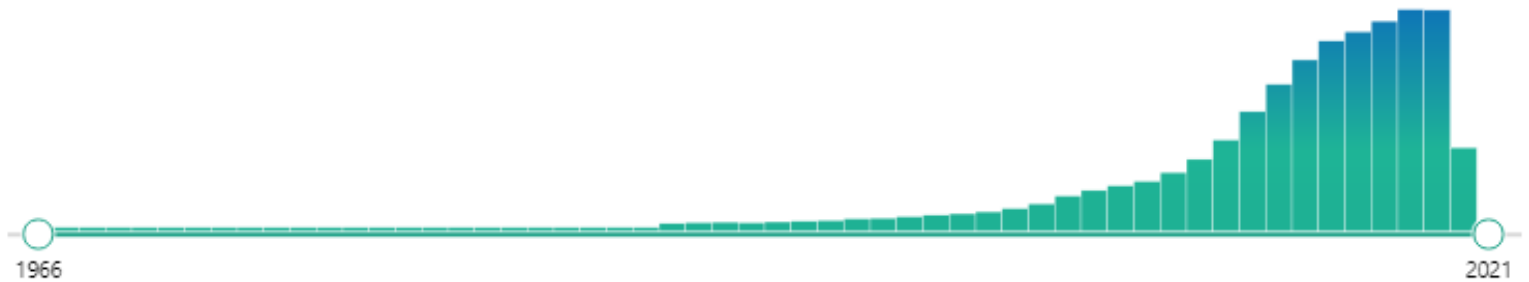


- Searching Libraries for Thesis & Research Reports
- Searching Registries
- Searching Grey Literature
- Searching especial Journals like:

*“Journal of Negative results in Biomedicine”*

# Meta Analysis

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# Software

101

- ❖ Review Manager 5
- ❖ Stata
- ❖ Comprehensive Meta-analysis
- ❖ Metanalysis
- ❖ Metawin

# What is Meta Analysis?

- ❖ Meta-analysis is a statistical technique for combining the results of independent, but similar, studies to obtain an overall estimate of treatment effect.
- ❖ While all meta-analyses are based on systematic review of literature, not all systematic reviews necessarily include meta-analysis.
- ❖ Meta-analysis is a weighted mean. More weighting given to precise studies.

# Blood Pressure

103

- BP mean in Tehran: 120
- BP mean in Shiraz: 130

Simple mean:  $120 + 130 / 2 = 125$

- Is it true??

□ Mathematic score = 10

weight : 2

□ Chemistry = 15

weight : 2

□ Physic = 20

weight : 4

Simple mean:  $10+15+20 / 3 = 15$

Weighted mean:  $((10*2) + (15*2) + (20*4))/8 = 16.25$

	Study1	Study2	Study 3	Total
Sample	20	10	10	40
Mean	120	125	127	-
Weight	50%	25%	25%	100

Weighted Mean:  $\sum (w_i * \text{mean}) / \sum w_i$

$W_i = 1 / \text{Variance}$

Variance =  $1 / \text{sample size}$

- Population: 1000; LC: 100 → Prevalence: 10%; variance: 0.009
- Population: 10000; LC: 1000 → Prevalence: 10%; variance: 0.003
- Population: 100000; LC: 10000 → Prevalence: 10%; variance: 0.0009

Large sample size → get more weight



# Point Estimation and Precision

107

## Census VS Sampling

Parameter = Population

Statistics = Sample

شاخص	تعداد	میانگین	واریانس	انحراف معیار	نسبت	همبستگی
آماره	n	$\bar{X}$	$S^2$	S	$\frac{x}{n}$	r
پارامتر	N	$\mu$	$\sigma^2$	$\sigma$	P	$\rho$

## Statistics Precision: CI; SE

The age- and sex-standardized prevalence of any type cataract was 57.64% (95% CI: 54.57 to 60.66).

Mean (SE) of BP in woman was 135 (0.0124)

# Odds Ratio and Risk Ratio

108

- 1000 smoker → 500 lung cancer
- 1000 non-smoker → 200 lung cancer

exposure	Lung cancer	
	Yes	No
Smoker	500 (a)	500 (b)
Non-smoker	200 (c)	800 (d)

- a = exposure+ & outcome+
- b = exposure+ & outcome-
- c = exposure- & outcome+
- d = exposure- & outcome-
- Odds in smoker = (number of event/ number of no-event) **OR** (a/b) = 500/500 = 1
- Odds in non-smoker = (number of event/ number of no-event) **OR** (c/d) = 200/800 = 0.25
- Odds ratio = Odds in smoker / Odds in non-smoker **OR** (a/b)/ (c/d) = 1/0.25= 4
- **OR** = (a/b)/ (c/d) = (a\*d) / (b\*c) = (500 \* 800) / (200\*500) = 4

# Odds Ratio and Risk Ratio

109

- 1000 smoker → 500 lung cancer
- 1000 non-smoker → 200 lung cancer

exposure	Lung cancer	
	Yes	No
Smoker	500 (a)	500 (b)
Non-smoker	200 (c)	800 (d)

- a = exposure+ & outcome+
- b = exposure+ & outcome-
- c = exposure- & outcome+
- d = exposure- & outcome-
- risk in smoker = (number of event/ total number of smoker) **OR**  $(a/a+b) = 500/1000 = 0.5$
- risk in non-smoker = (number of event/ total number of non-smoker) **OR**  $(c/c+d) = 200/1000 = 0.2$
- risk ratio = risk in smoker / risk in non-smoker **OR**  $(a/a+b) / (c/c+d) = 0.5/0.2 = 2.5$

- OR & RR  $> 1$  → exposure is risk factor
  - OR & RR = 1 → exposure have no effect
  - OR & RR  $< 1$  → exposure is protective factor
- 
- the odds of lung cancer were 4 times higher in smoker compared non-smoker  
the odds ratio between the smoking and lung cancer was 4
- 
- the risk of lung cancer were 2.5 times higher in smoker compared non-smoker  
the risk ratio between the smoking and lung cancer was 4

# Standard error and CI

111

- SE of Prevalence  $\rightarrow \sqrt{\frac{pq}{n}}$
- 95% CI: prevalence  $\pm (1.96 * \sqrt{\frac{pq}{n}})$
- SE of Mean  $\rightarrow \frac{s}{\sqrt{n}}$
- 95% CI: Mean  $\pm (1.96 * \frac{s}{\sqrt{n}})$
- SE of Mean difference  $\rightarrow \sqrt{\frac{s^2}{n} + \frac{s^2}{n}}$
- 95% CI: Mean difference  $\pm (1.96 * \sqrt{\frac{s^2}{n} + \frac{s^2}{n}})$

# Standard error and CI

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$$SE(\log(OR)) = \sqrt{\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}}$$

$$e^{(\log(OR) \pm [1.96 \times SE(\log(OR))])}$$

$$SE(\log(RR)) = \sqrt{\left(\frac{1}{a}\right) - \left(\frac{1}{a+b}\right) + \left(\frac{1}{c}\right) - \left(\frac{1}{c+d}\right)}$$

$$e^{\{\log(RR) \pm [1.96 \times SE(\log(RR))]\}}$$

$$95\% \text{ conf. int.} = \log(OR) \pm 1.96 \times SE(\log(OR))$$

$$SE(\log(OR)) = \sqrt{\frac{1}{992} + \frac{1}{165} + \frac{1}{2260} + \frac{1}{1017}} = \sqrt{0.008494} = 0.092165$$

```
> exp(0.816)
```

```
[1] 2.261436
```

```
> exp(1.178)
```

```
[1] 3.247872
```

$$95\% \text{ conf. int. for } \log(RR) = \log(RR) \pm 1.96 \sqrt{\frac{1-p_1}{n_1 p_1} + \frac{1-p_2}{n_2 p_2}}$$

$$\begin{aligned} 95\% \text{ confid. int.} &= 0.779 \pm 1.96 \sqrt{\frac{1-0.305}{3252(0.305)} + \frac{1-0.140}{1182(0.14)}} \\ &= 0.779 \pm 1.96 \sqrt{\frac{0.695}{992} + \frac{0.86}{165}} = (0.628, 0.930) \end{aligned}$$

```
> exp(0.628)
```

```
[1] 1.873859
```

```
> exp(0.930)
```

```
[1] 2.534509
```





# Zero and Alternative hypothesis

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Association between gender and BP Iran

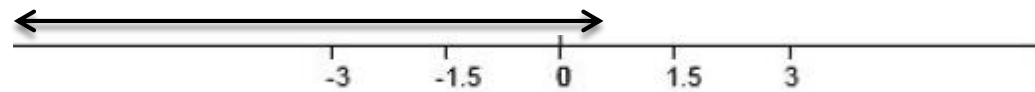
H0 → mean of BP in women = mean of BP in men

H1 → mean of BP in women ≠ mean of BP in men

Mean of BP in 100 woman was  $110 \pm 16$   
Mean of BP in 100 man was  $113 \pm 11$

$$z = \frac{(\bar{x}_1 - \bar{x}_2)}{\sqrt{\frac{\sigma_1^2}{n_1} + \frac{\sigma_2^2}{n_2}}} \rightarrow p > 0.05$$

Mean Difference (SE):  $-3 \pm 1.94$  (-6.88 to 0.88)



# Zero and Alternative hypothesis

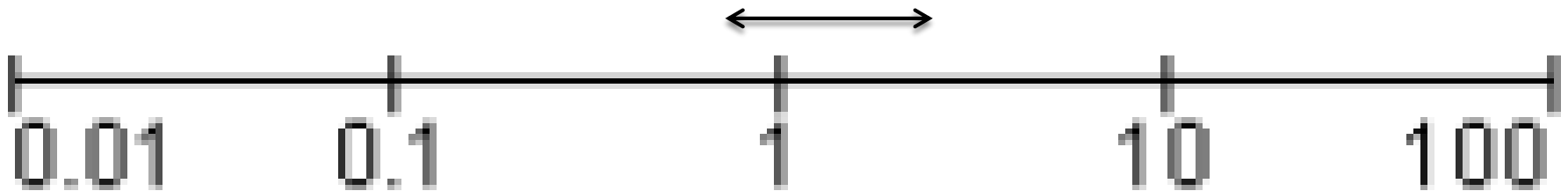
116

Association between smoking and LC Iran

H0 → Odds/Risk in smoking = Odds/Risk in non-smoking

H1 → Odds/Risk in smoking  $\neq$  Odds/Risk in non-smoking

OR/RR = 1.6 (95% CI: 0.9 to 2.2)



- What is need to extract in studies?
  
- For main pooling
  - Point estimation (mean, prevalence, OR, RR, HR) and its dispersion (SE & CI)
  
- For complementary analysis
  - Age, sex, year and etc...

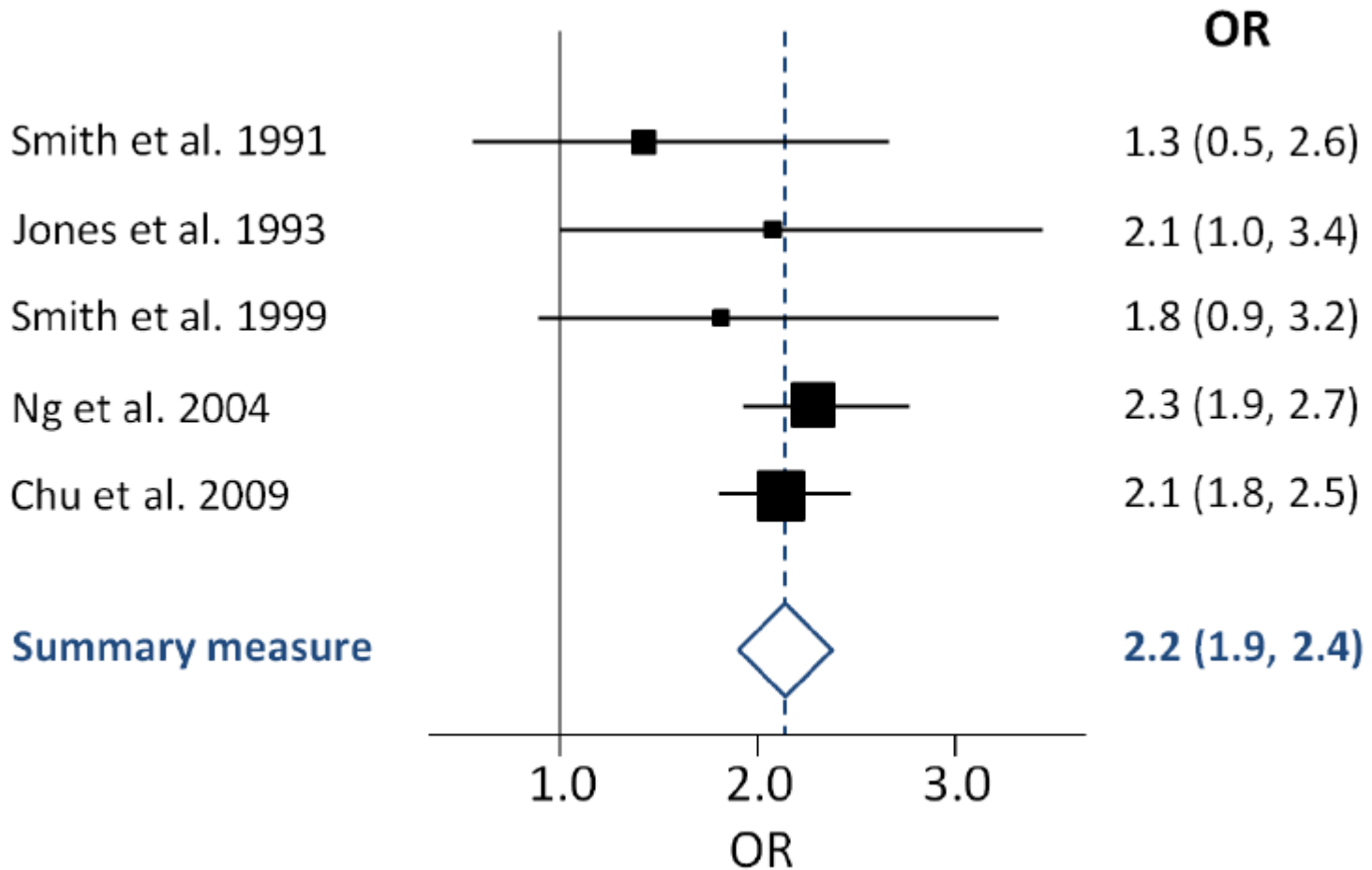
# Data Synthesis- Forest Plot

118

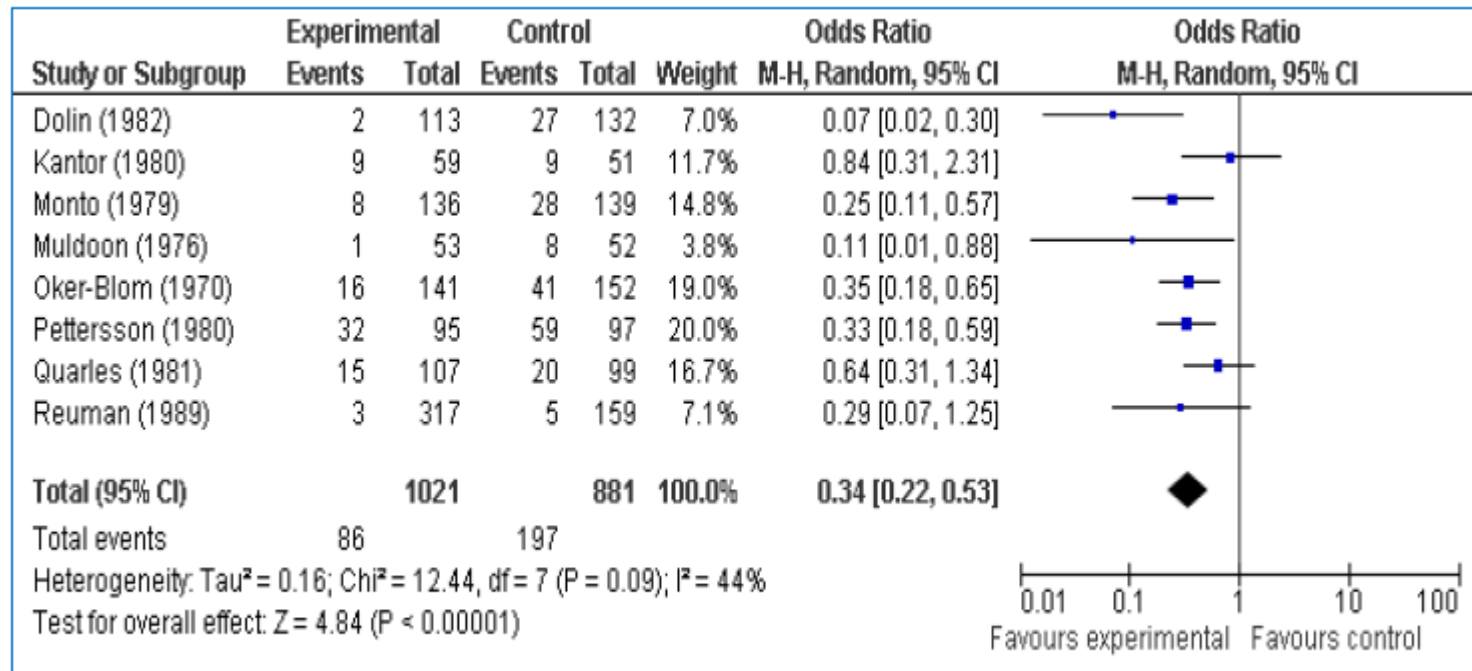
- ❖ Square: Point estimate
- ❖ Horizontal line: Confidence interval
- ❖ Square area: Sample size
- ❖ Vertical line: No effect
- ❖ Diamond: Summary measure
- If confidence intervals include vertical line, then the difference in the effect of experimental and control groups is not statistically significant at conventional levels.

# Data Synthesis- Forest Plot

119

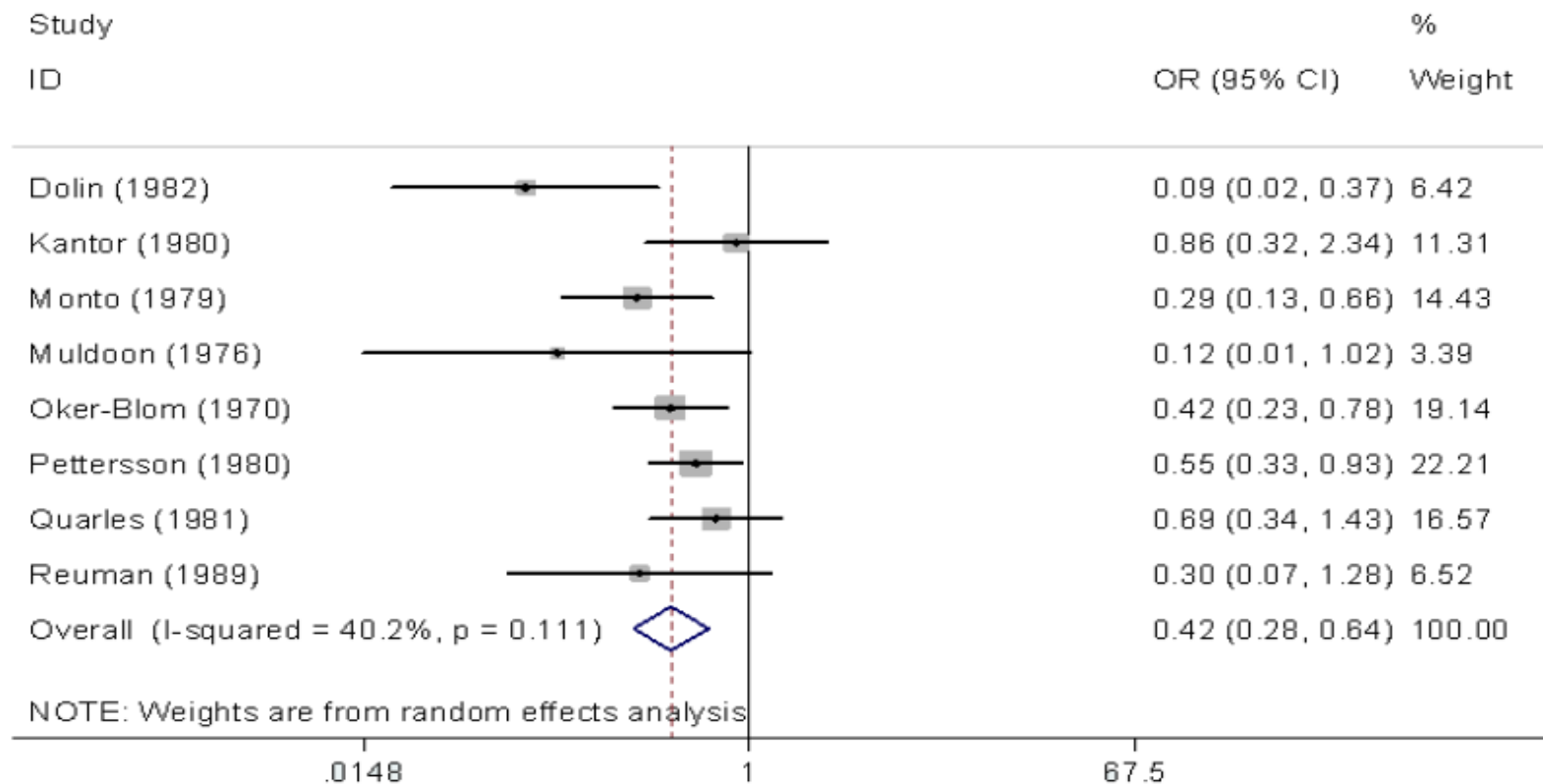


# Step 8: Data Synthesis- Forest Plot



# Step 8: Data Synthesis- Forest Plot

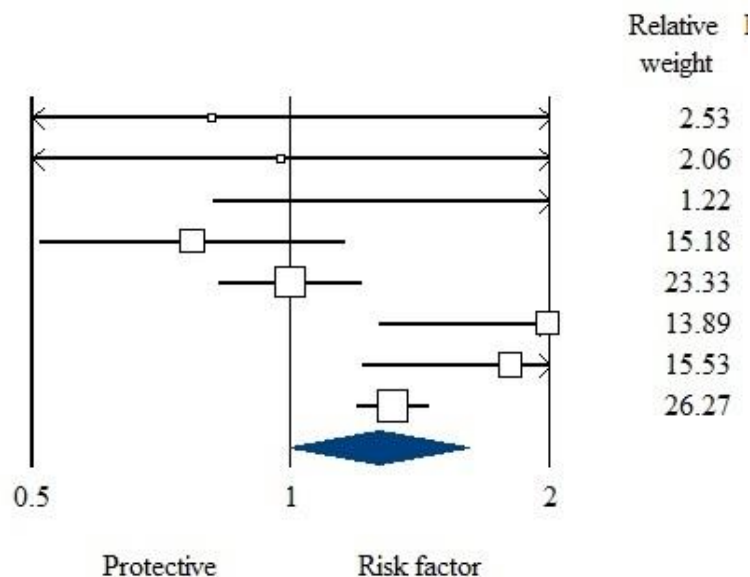
121



# Step 8: Data Synthesis- Forest Plot

Study name	Statistics for each study			
	Odds ratio	Lower limit	Upper limit	p-Value
Anastasovska 2014	0.81	0.19	3.39	0.772
Golbahar 2010	0.97	0.20	4.82	0.972
Mikelsaar 1998	6.74	0.81	56.02	0.077
Zeinalzadeh 2012	0.77	0.51	1.16	0.207
Dorreh 2014	1.00	0.82	1.21	1.000
Mirjana 2015	1.99	1.27	3.12	0.003
Law 1998	1.80	1.21	2.69	0.004
Gu 2007	1.31	1.19	1.45	0.000
	1.27	1.00	1.61	0.053

Odds ratio and 95% CI



Heterogeneity: Q-value = 21.7, df = 7 (P=0.003);  
 $I^2 = 67.7\%$ ;  $\tau^2 = 0.05$



# Data Synthesis

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- ❖ The choice of meta-analysis method should be stated:
  1. Fixed-effect model
  2. Random-effects model

# HIV knowledge

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- First study: 44%
- Second study: 4.13%
- Third study: 16.2%

## What is Pooled Estimate?

- Are the observed estimations are **consistent** among the included studies? (if not, why?)
- Is a statistical combination of individual effects is feasible?

Fist study was done in addict

Second study was done in primary student

Third study was done in housekeeper woman

# fixed-effect model

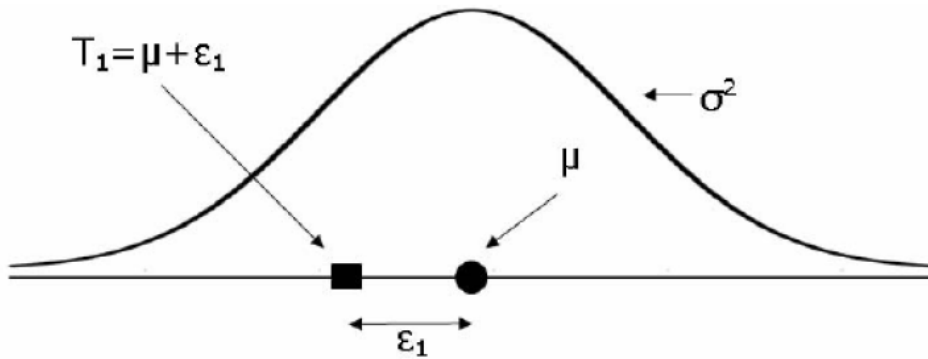
125

- Under the fixed-effect model we assume that there is **one true effect size (hence the term fixed effect)** which underlies all the studies in the analysis, and that all differences in observed effects are due to **sampling error**.
- While we follow the practice of calling this a fixed-effect model, a more descriptive term would be a **common-effect model**.
- In either case, we use the singular (effect) since there is only one true effect.

# Data Synthesis

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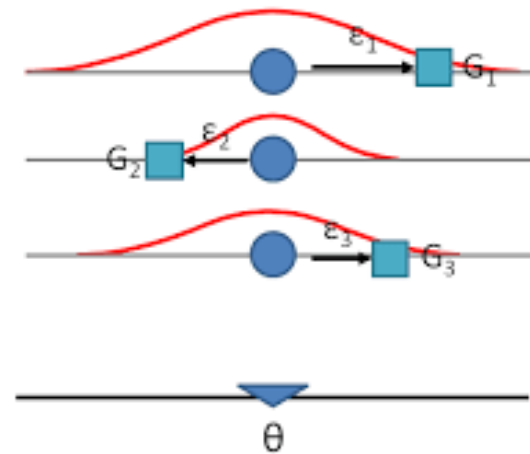
## Fixed effect model



Fixed effect model. The observed effects are sampled from a distribution with true effect  $\mu$ , and variance  $\sigma^2$ . The observed effect  $T_1$  is equal to  $\mu + \epsilon_1$ .

$$T_1 = \mu + \epsilon_1$$

## The Fixed-Effect Model



Variation Source: Sampling Error

# random-effects model

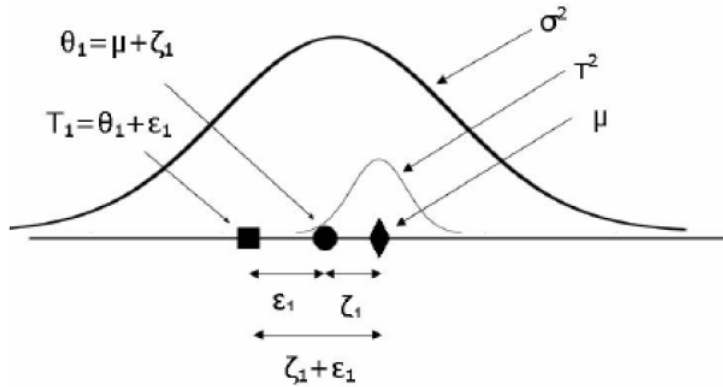
127

- By contrast, under the random-effects model we allow that the **true effect could vary from study to study**. Because studies will differ in the mixes of participants and in the implementations of interventions, among other reasons, there may be different effect sizes underlying different studies.
- If it were possible to perform an infinite number of studies (based on the inclusion criteria for our analysis), the true effect sizes for these studies would be distributed about some mean. **The effect sizes in the studies that actually were performed are assumed to represent a random sample of these effect sizes** (hence the term random effects).
- Here, we use the plural (**effects**) since there is an array of true effects.

# Data Synthesis

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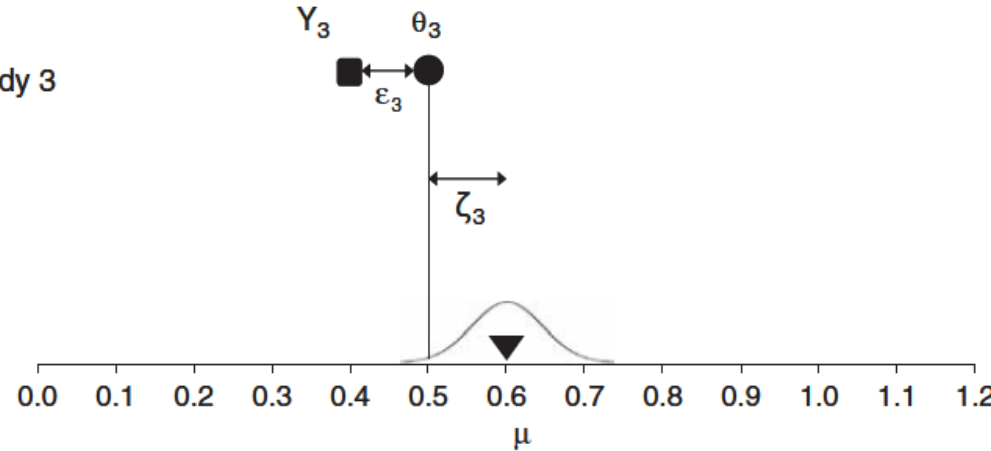
## Random effects model



Random effects model. The observed effect  $T_1$  (box) is sampled from a distribution with true effect  $\theta_1$ , and variance  $\sigma^2$ . This true effect  $\theta_1$ , in turn, is sampled from a distribution with mean  $\mu$  and variance  $\tau^2$ .

$$Y_i = \mu + \zeta_i + \epsilon_i.$$

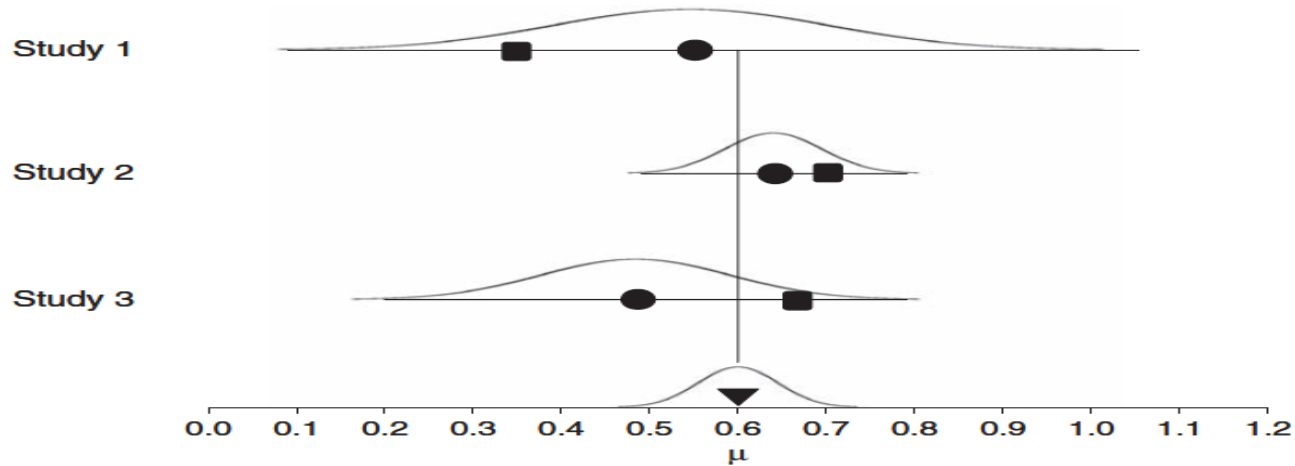
Study 3



Variation Source: Sampling Error +  
between difference variation

# Random-effects model – between-study and within-study variance

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- The parameter  $\tau^2$  (tau-squared) is the **between-studies variance** (the variance of the effect size parameters across the population of studies).
- In other words, if we somehow knew the true effect size for each study, and computed the variance of these effect sizes (across an infinite number of studies), **this variance would be  $\tau^2$** .

## ❖ Fixed-effect model

- Under the fixed effect model the only source of error in our estimate of the combined effect is the random error (within studies variance).
- Therefore, with a large enough sample size, the error will tend toward zero.

$$w_i = \frac{1}{V_i}$$



## $\tau^2$ (tau-squared) estimation

$$Q = \sum_{i=1}^k W_i Y_i^2 - \frac{\left( \sum_{i=1}^k W_i Y_i \right)^2}{\sum_{i=1}^k W_i},$$

$$df = k - 1,$$

where  $k$  is the number of studies, and

$$C = \sum W_i - \frac{\sum W_i^2}{\sum W_i}.$$

One method for estimating  $\tau^2$  is the method of moments (or the DerSimonian and Laird) method, as follows. We compute

$$T^2 = \frac{Q - df}{C}, \quad (12.2)$$

## ❖ Random-effects model

➤ Under the random effects model there are two levels of sampling and two levels of error and our combined effect depends on both:

1. the number of subjects within studies (within studies variance)
2. the total number of studies (between studies variance)

$$W_i^* = \frac{1}{V_i^*} \quad V_i^* = V_i + T^2$$

# Data Synthesis

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## ❖ Example

- Data were analyzed and the results were reported using a fixed effect model with 95% CI when the results of fixed and random effects models are the same.
- Otherwise, the random effects models are reported.

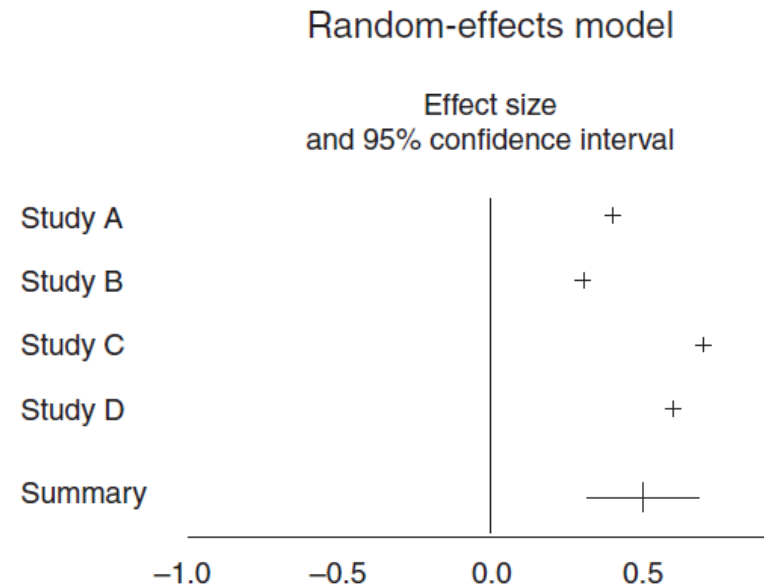
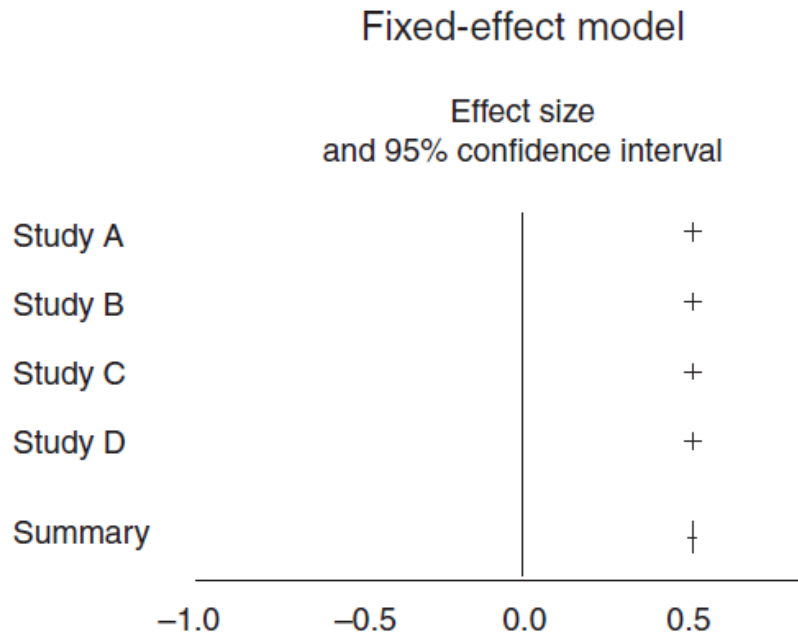
# Fixed E VS random Es

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- Under the fixed-effect model **there is a wide range of weights** (as reflected in the size of the boxes) whereas under the random-effects model the **weights fall in a relatively narrow range**.
  - ✓ Under the fixed-effect model Donat is given about **five times** as much weight as Peck. Under the random-effects model Donat is given only **1.8** times as much weight as Peck.
  
- The operating premise, as illustrated in these examples, **is that whenever  $\tau^2$  is nonzero**, the relative **weights** assigned under random effects will be **more balanced** than those assigned under fixed effects.
  - ✓ As we move from fixed effect to random effects, **extreme studies will lose influence if they are large, and will gain influence if they are small**.
  
- It follows that the **variance, standard error, and confidence interval** for the summary effect will always be **larger (or wider)** under the random-effects model than under the fixed-effect model (unless  $T^2$  is zero, in which case the two models are the same).

# Very large studies under fixed-effect model

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Under the fixed-effect model the standard error of the summary effect is given by

$$SE_M = \sqrt{\frac{\sigma^2}{k \times n}}. \quad (13.1)$$

It follows that with a large enough sample size the standard error will approach zero, and this is true whether the sample size is concentrated on one or two studies, or dispersed across any number of studies.

Under the random-effects model the standard error of the summary effect is given by

$$SE_M = \sqrt{\frac{\sigma^2}{k \times n} + \frac{\tau^2}{k}}. \quad (13.2)$$

- The first term is identical to that for the fixed-effect model and, again, with a large enough sample size, this term will approach zero. By contrast, the second term (which reflects the between-studies variance) will only approach zero as the number of studies approaches infinity.
- Namely, increasing the sample size within studies is not sufficient to reduce the standard error beyond a certain point. If there is only a small number of studies, then the standard error could still be substantial even if the total  $n$  is in the tens of thousands or higher.

Fixed:  $1000 = 100 k * 10 n$  is same  $1000 = 10 k * 100 n$   
 random:  $1000 = 100 k * 10 n$  isn't same  $1000 = 10 k * 100 n$

# Random effects

- When the researcher is accumulating data from a series of studies that had been performed by **researchers operating independently**, it would be **unlikely** that all the studies were **functionally equivalent**. Typically, the subjects or interventions in these studies would have differed in ways that would have impacted on the results.

**When studies are gathered from the published literature, the random effects model is generally a more plausible match.**



# Pooling the Data

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## 1: Inverse variance weighting

- ✓ All estimate → P;OR/RR/MD
- ✓ zero event/rare event

$$\bar{X} = \frac{\sum w_i x_i}{\sum w_i}$$

SE of Prevalence →  $\frac{pq}{n}$

$$W = 1/\text{var (OR)} = \left[ \frac{1}{\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}} \right]$$

CI for rare event →

$$\frac{2n\hat{p} + z_{1-\frac{\alpha}{2}}^2 - z_{1-\frac{\alpha}{2}} \sqrt{z_{1-\frac{\alpha}{2}}^2 + 4n\hat{p}(1-\hat{p})}}{2(n + z_{1-\frac{\alpha}{2}}^2)} \leq p$$

$$\leq \frac{2n\hat{p} + z_{1-\frac{\alpha}{2}}^2 + z_{1-\frac{\alpha}{2}} \sqrt{z_{1-\frac{\alpha}{2}}^2 + 4n\hat{p}(1-\hat{p})}}{2(n + z_{1-\frac{\alpha}{2}}^2)}$$

# Odds Ratio

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1000 smoker → 500 lung cancer

1000 non-smoker → 0 lung cancer

exposure	Lung cancer	
	Yes	No
Smoker	500 (a)	500 (b)
Non-smoker	0 (c)	1000 (d)

$$\text{OR} = (a*d) / (b*c) = (500 * 1000) / (0*500) = \text{???}$$

exposure	Lung cancer	
	Yes	No
Smoker	500.5 (a)	500.5 (b)
Non-smoker	0.5 (c)	1000.5 (d)

# Pooling the Data

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## 2: Mantel – Haenzel Weighting

- Dichotomous
- For small/zero sample size

$$w_i = \frac{b_i c_i}{N_i}$$

$$OR = \frac{\sum (w_i \times OR_i)}{\sum w_i} \rightarrow OR = \frac{\sum (a_i d_i / N_i)}{\sum (b_i c_i / N_i)}$$

# Pooling the Data

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## 3. Peto

- Dichotomous
- For small/Zero sample size

$$\exp(a_i) = \frac{(a_i + b_i)(a_i + c_i)}{N_i} \Rightarrow \log(OR_i) = \frac{a_i - \exp(a_i)}{Var(a_i)} \Rightarrow Var(a_i) = \frac{(a_i + b_i)(a_i + c_i)(d_i + b_i)(d_i + c_i)}{N_i}$$

$$\log(OR) = \frac{\sum (w_i \times \log(OR_i))}{\sum w_i} \text{ and } Var(\log(OR)) = \frac{1}{\sum w_i}$$



نوع داده	شاخص آماری	روش آماری	نوع
	(Odds Ratio) نسبت شانس	Woolf	ثابت
		Mantel-Haenzel	ثابت
		Peto	ثابت
		Der simonian-Laird	تصادفی
		Meta-Regression	تصادفی
دو حاله	(Risk Ratio) خطر نسبی	Mantel-Haenzel	ثابت
		Inverse Variance	ثابت
		Der Simonian-laird	تصادفی
		Meta-Regression	تصادفی
		(Risk Difference) تفاضل خطر	
Inverse Variance	ثابت		
Der Simonian-laird	تصادفی		
Meta-Regression	تصادفی		
عددی	تفاضل میانگین‌ها و یا تفاضل میانگین‌های استاندارد		
		Der Simonian-laird	تصادفی
		Meta-Regression	تصادفی

# Assessment of Heterogeneity

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1. Chi-squared test
2.  $I^2$  statistic
3. Tau-squared statistic ( $\tau^2$  or  $\text{Tau}^2$ )
4. Galbraith plot (Radial plot)
5. L'Abbe plot
6. Meta-regression

# Assessment of Heterogeneity

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## ❖ Chi-squared test ( $\chi^2$ or Chi<sup>2</sup>)

❖ Chi-squared test has low power in the common situation of a meta-analysis when studies have small sample size or are few in number.

- A statistically significant result may indicate a problem with heterogeneity
- A non-significant result must not be taken as evidence of no heterogeneity.

❖ This is also why a P value of 0.10, rather than the conventional level of 0.05, is sometimes used to determine statistical significance.

$$Q = \sum_{i=1}^k W_i Y_i^2 - \frac{\left( \sum_{i=1}^k W_i Y_i \right)^2}{\sum_{i=1}^k W_i},$$

$$df = k - 1,$$

# Assessment of Heterogeneity

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## ❖ $I^2$ statistic

$$I^2 = \left( \frac{Q - df}{Q} \right) \times 100\%$$

$$I^2 = \frac{Q - df}{C} ,$$

### ➤ **Cochrane categorization**

- 0% to 40%: Unimportant
- 30% to 60%: Moderate heterogeneity
- 50% to 90%: Substantial heterogeneity
- 75% to 100%: Considerable heterogeneity

### ➤ **Higgins categorization**

- 25%: Low heterogeneity
- 50%: Moderate heterogeneity
- 75%: High heterogeneity

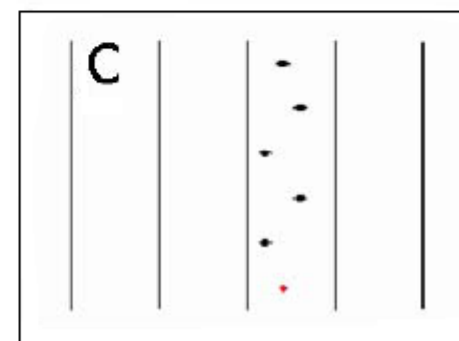
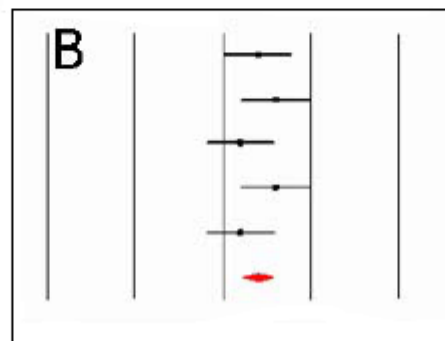


# Assessment of Heterogeneity

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## ❖ Tau-squared ( $\tau^2$ or $\text{Tau}^2$ )

- between-study variance in a random-effects model
  - A: between-studies variance is low, because total variance is low.
  - B: Between-studies variance is low, because within-studies variance is high.
  - C: between-studies variance is high, because total variance is high and within-studies variance is low.



# Assessment of Heterogeneity

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## ❖ Example

- The statistical heterogeneity was explored using the chi-squared test at the 10% significance level ( $P < 0.10$ ).
- The inconsistency across studies results was quantified using  $I^2$  statistic.
- In addition, the between-study variance was estimated using tau-squared.

# Assessment of Heterogeneity

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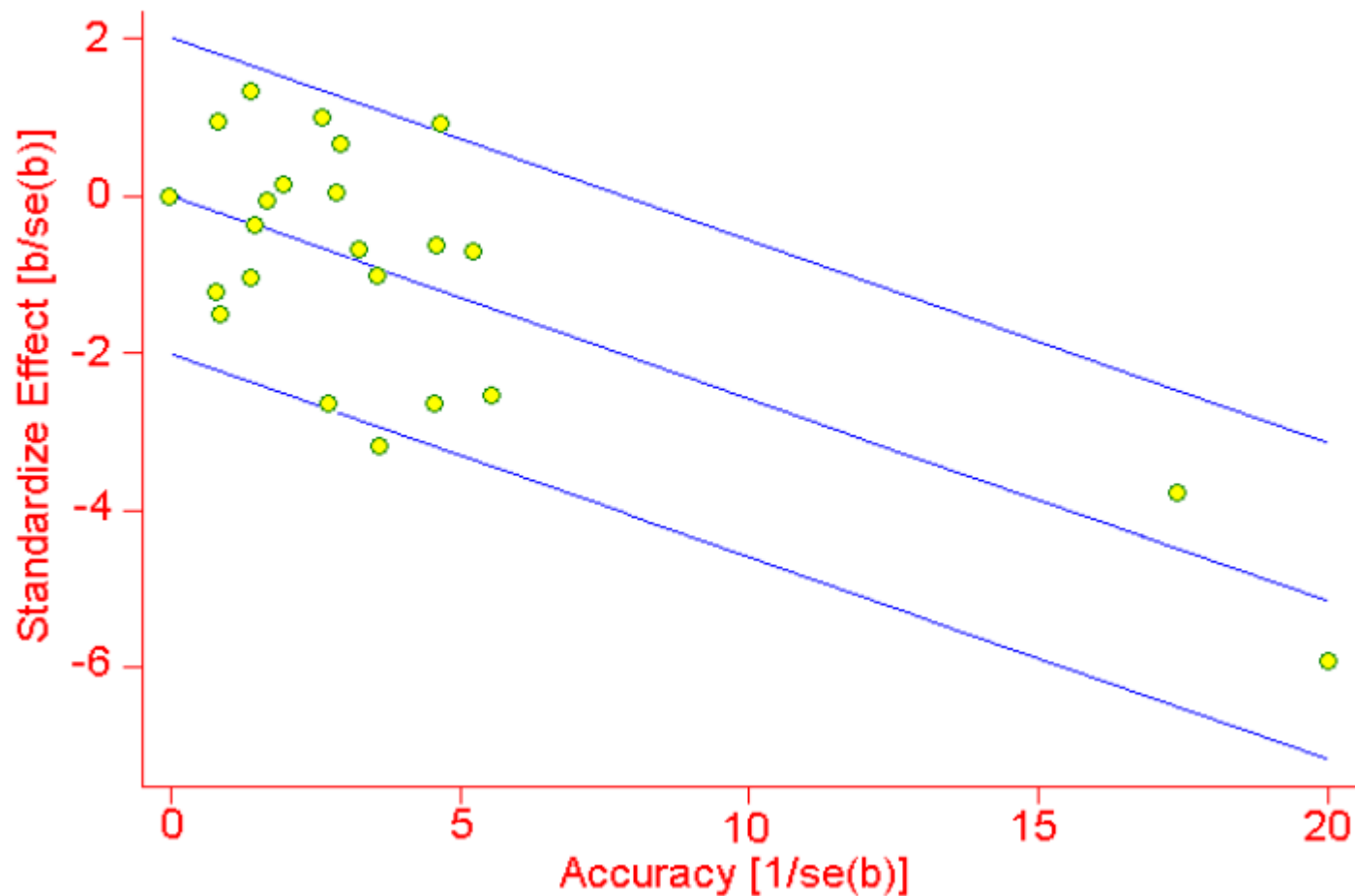
## ❖ Galbraith plot (Radial plot)

- Regression line constrained through the origin, with its 95% CI.
  - Y axis:  $\theta/se$  (z statistic)
  - X axis:  $1/se$
  - Slope: log OR, RR or HR in a fixed effect model.
  - The position of each trial on the horizontal axis indicates its allocated weight (small trials on the left and large trials on the right)
- In the absence of heterogeneity we could expect all the points to lie within the confidence bounds.

# Assessment of Heterogeneity

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## Galbraith Plot



# Assessment of Heterogeneity

## Meta-regression

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- ❖ Meta-regression is used to explore
  - sources of heterogeneity
  - associations between treatment effects and other covariates

# Assessment of Heterogeneity

## BCG vaccination for preventing tuberculosis

trial	author	year	latitude	a	b	c	d	logrr	selogrr
1	Ferguson	1933	55	6	300	29	274	-1.59	0.44
2	Aronson	1935	52	4	119	11	128	-0.89	0.57
3	Stein	1935	52	180	1361	372	1079	-0.79	0.08
4	Rosenthal	1937	42	17	1699	65	1600	-1.37	0.27
5	Rosenthal	1941	42	3	228	11	209	-1.35	0.64
6	Comstock	1947	33	5	2493	3	2338	0.45	0.73
7	Comstock	1949	18	186	50448	141	27197	-0.34	0.11
8	Hart	1950	53	62	13536	248	12619	-1.44	0.14
9	Frimont-Moller	1950	13	33	5036	47	5761	-0.22	0.23
10	Comstock	1950	33	27	16886	29	17825	-0.02	0.27
11	Vandeviere	1965	18	8	2537	10	619	-1.62	0.47
12	Coetzee	1965	27	29	7470	45	7232	-0.47	0.24
13	TB prevention trial	1968	13	505	87886	499	87892	0.01	0.06



# Assessment of Heterogeneity

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## Meta-Regression

Meta-regression	Number of obs =	13
REML estimate of between-study variance	tau2 =	.1357
% residual variation due to heterogeneity	I-squared_res =	69.20%
Proportion of between-study variance explained	Adj R-squared =	59.82%
Joint test for all covariates	Model F(2,10) =	4.46
With Knapp-Hartung modification	Prob > F =	0.0413

	logor	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
year		-.0030306	.0178584	-0.17	0.869	-.0428217	.0367605
latitude		-.0282374	.0129503	-2.18	0.054	-.0570925	.0006177
_cons		6.125588	35.12686	0.17	0.865	-72.14193	84.3931

- ❖ In 1950 and Latitude 50°
- ❖  $\text{Log OR} = 6.125588 - (1950 \times 0.0030306) - (50 \times 0.0282374) = -1.1959521$
- ❖  $\text{OR} = \exp(-1.1959521) = 0.30$



# Assessment of Reporting Biases

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1. Funnel plot
2. Begg adjusted rank correlation
3. Egger regression asymmetry test
4. Trim & Fill

# Assessment of Reporting Biases

158

## ❖ Funnel plot

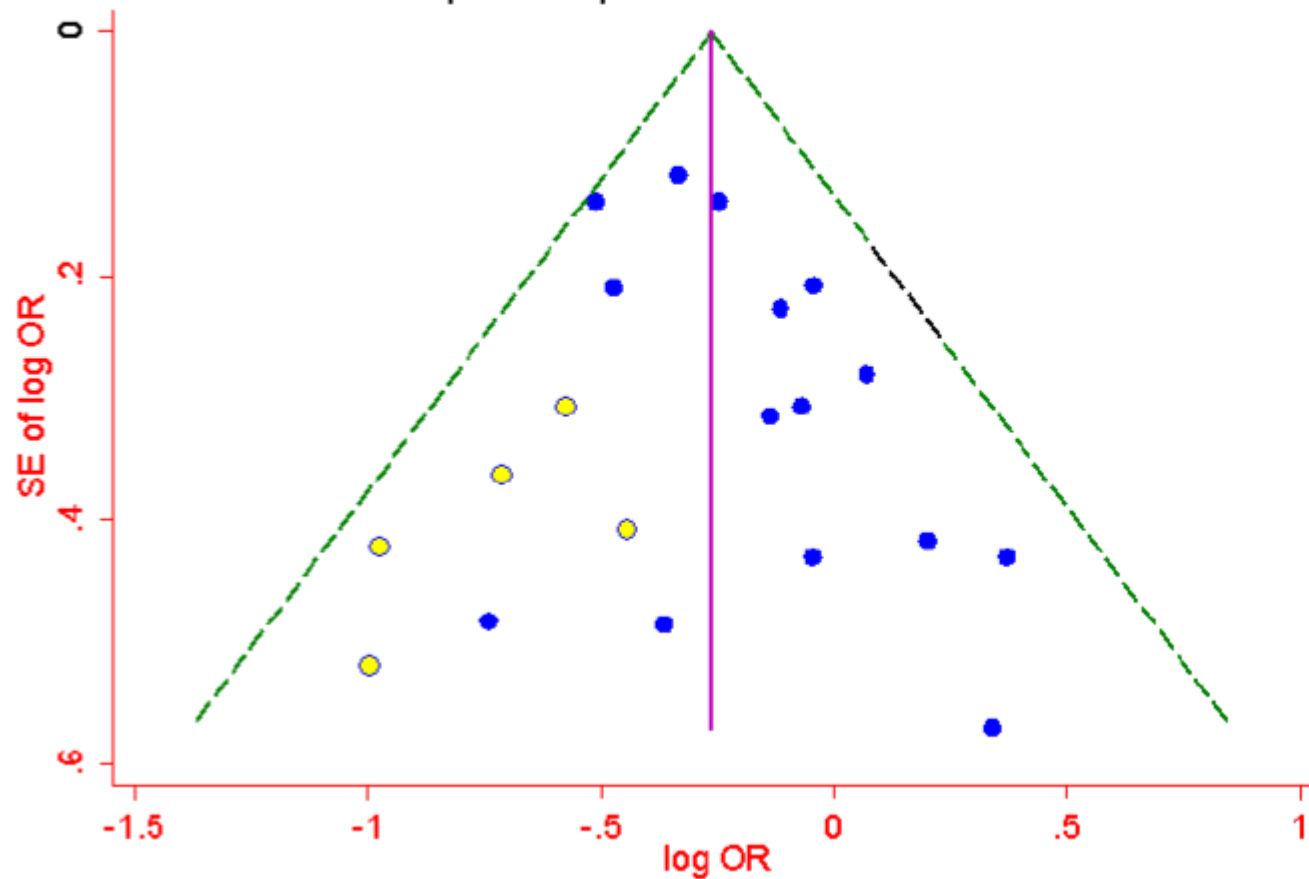
- A funnel plot is a simple scatter plot of the intervention effect estimates against study's size or precision.
  - X axis: the effect estimates
  - Y axis: the measure of study size
- Effect estimates from small studies scatter more widely at the bottom of the graph, with the spread narrowing among larger studies.
- In the absence of bias the plot should resemble a symmetrical (inverted) funnel.

# Assessment of Reporting Biases

159

## Funnel plot

Funnel plot with pseudo 95% confidence limits



# Assessment of Reporting Biases

160

## ❖ Begg adjusted rank correlation

- It is a direct statistical analogue of the funnel plot performing an adjusted rank correlation test based on Kendall's tau ( $\rho$ ).
  - $P > 0.05$ : no publication bias
  - $P < 0.05$ : publication bias

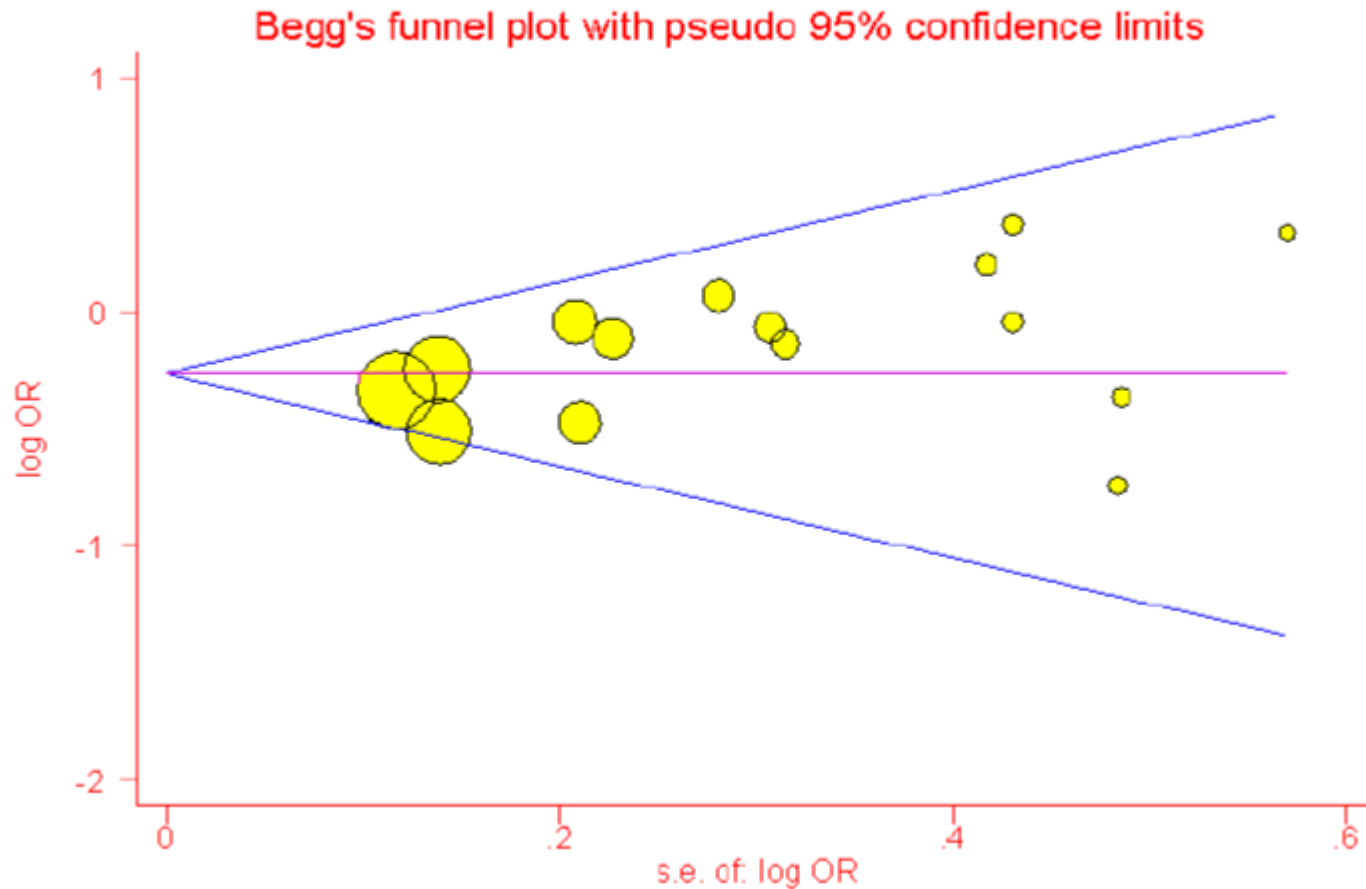
### Begg's Test

```
adj. Kendall's Score (P-Q) =      21
  Std. Dev. of Score =    20.21
  Number of Studies =      15
      z =      1.04
  Pr > |z| =    0.299
      z =      0.99 (continuity corrected)
  Pr > |z| =    0.322 (continuity corrected)
```

# Assessment of Reporting Biases

161

## Begg's plot



# Assessment of Reporting Biases

162

## ❖ Egger regression asymmetry test

- This test regresses the standardized effect estimates against their precision.
- If intercept deviates significantly from zero and confidence interval about the intercept fails to include zero indicates asymmetry in the funnel plot.

Egger's test

std_Eff	coef.	std. Err.	t	P> t	[95% conf. Interval]	
slope	-.4823081	.1086472	-4.44	0.001	-.7170261	-.2475902
bias	1.114582	.4891211	2.28	0.040	.0579	2.171264

# Assessment of Reporting Biases

163

## ❖ **Metatrim**

- The method estimates the number and outcomes of missing studies and adjusts the meta-analysis to incorporate the theoretical missing studies.
- As an option, metatrim provides a funnel graph of the filled data.

# Assessment of Reporting Biases

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## Metatrim

### Meta-analysis

Method	Pooled Est	95% CI Lower	95% CI Upper	Asymptotic z_value	Asymptotic p_value	No. of studies
Fixed	-0.263	-0.375	-0.150	-4.581	0.000	15
Random	-0.263	-0.375	-0.150	-4.581	0.000	

Test for heterogeneity:  $Q = 13.942$  on 14 degrees of freedom ( $p = 0.454$ )  
Moment-based estimate of between studies variance = 0.000

Trimming estimator: Linear  
Meta-analysis type: Random-effects model

iteration	estimate	Tn	# to trim	diff
1	-0.263	85	3	120
2	-0.290	90	4	10
3	-0.307	94	5	8
4	-0.331	96	5	4
5	-0.331	96	5	0

### Filled Meta-analysis

Method	Pooled Est	95% CI Lower	95% CI Upper	Asymptotic z_value	Asymptotic p_value	No. of studies
Fixed	-0.331	-0.435	-0.226	-6.221	0.000	20
Random	-0.323	-0.454	-0.191	-4.814	0.000	

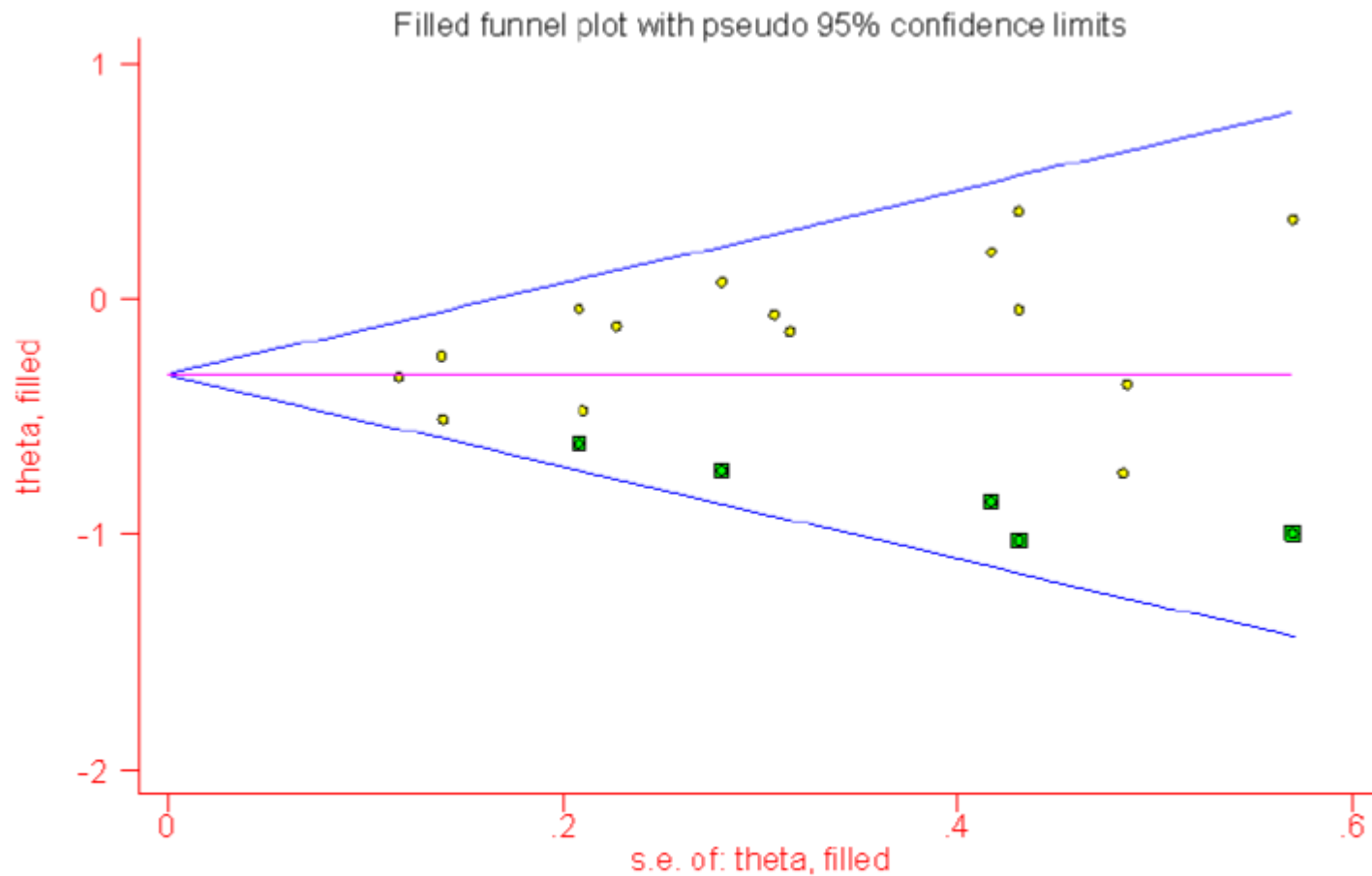
Test for heterogeneity:  $Q = 24.949$  on 19 degrees of freedom ( $p = 0.162$ )  
Moment-based estimate of between studies variance = 0.019



# Assessment of Reporting Biases

165

## Metatrim



# Sensitivity Analysis

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- ❖ The potential impact of the missing data on the results should be considered in the interpretation of the results of the review.
- ❖ Sensitivity analysis for dichotomous outcomes
  - Best-case scenarios
  - Worst-case scenarios

# Sensitivity Analysis

167

## ❖ **Metainf**

- This method investigates the influence of a single study on the overall meta-analysis estimate.
- This command shows the results of an influence analysis, in which the meta-analysis estimates are computed omitting one study in each turn.

# Sensitivity Analysis

## Metainf Analysis

Study omitted	e^coef.	[95% Conf.	Interval]
Fletcher 1959	.78536546	.69640136	.88569456
Dewar 1963	.78565162	.69409162	.88928962
1st European 1969	.77083343	.6846385	.86788017
Heikinheimo 1971	.7714709	.68329889	.87102062
Italian 1971	.77686858	.68536782	.88058531
2nd European 1971	.79687357	.70091492	.90596944
2nd Frankfurt 1973	.79471207	.70822829	.89175659
1st Australian 1973	.78423995	.68998003	.89137697
NHLBI SMIT 1974	.77551377	.68975067	.87194061
Valere 1975	.77927077	.68790686	.88276905
Frank 1975	.78119284	.68936247	.88525605
UK Collaborative 1976	.77725375	.68318355	.88427681
Klein 1976	.77954084	.69061023	.87992311
Austrian 1977	.79831713	.70553684	.90329832
Lasierra 1977	.7849502	.69472808	.88688916
N German 1977	.76074833	.67770356	.85396922
Witchitz 1977	.78291738	.69078761	.88733441
2nd Australian 1977	.78208435	.68848521	.8884083
3rd European 1977	.79927272	.71484172	.89367604
ISAM 1986	.77630609	.68161374	.88415349
GISSI-1 1986	.78178149	.66964346	.91269809
ISIS-2 1988	.79287457	.67843443	.92661875
Combined	.78249226	.69266409	.88396979

# Subgroup Analysis

169

- ❖ Subgroup analyses may be done often so as to make comparisons between:
  - subsets of participants (sex, age groups)
  - types of studies
  - types of interventions
  - different geographical locations
- ❖ Subgroup analyses may be done:
  - to investigate heterogeneous results
  - to answer specific questions about particular patient groups

# Subgroup Analysis

170

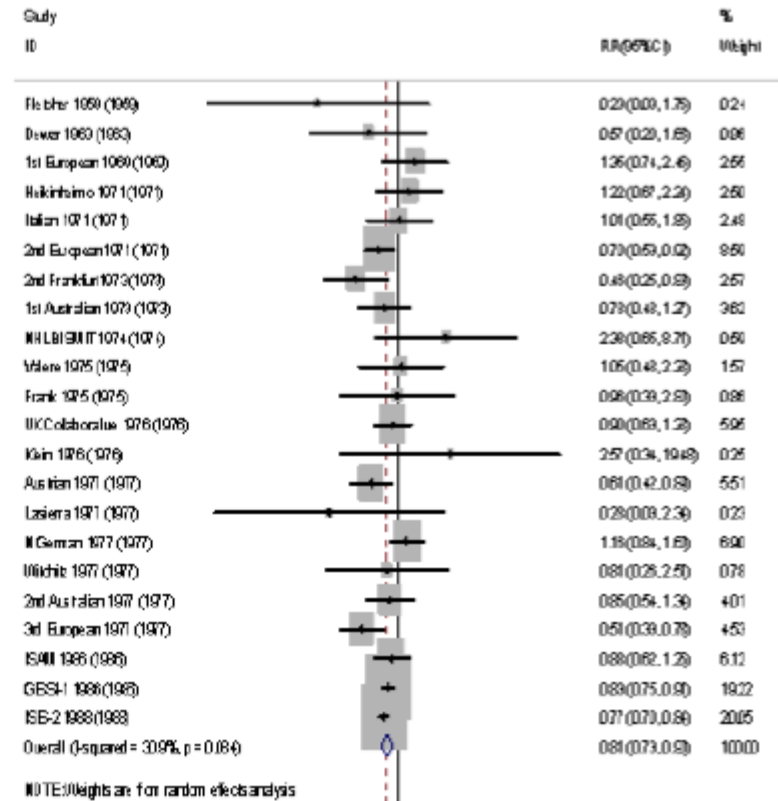
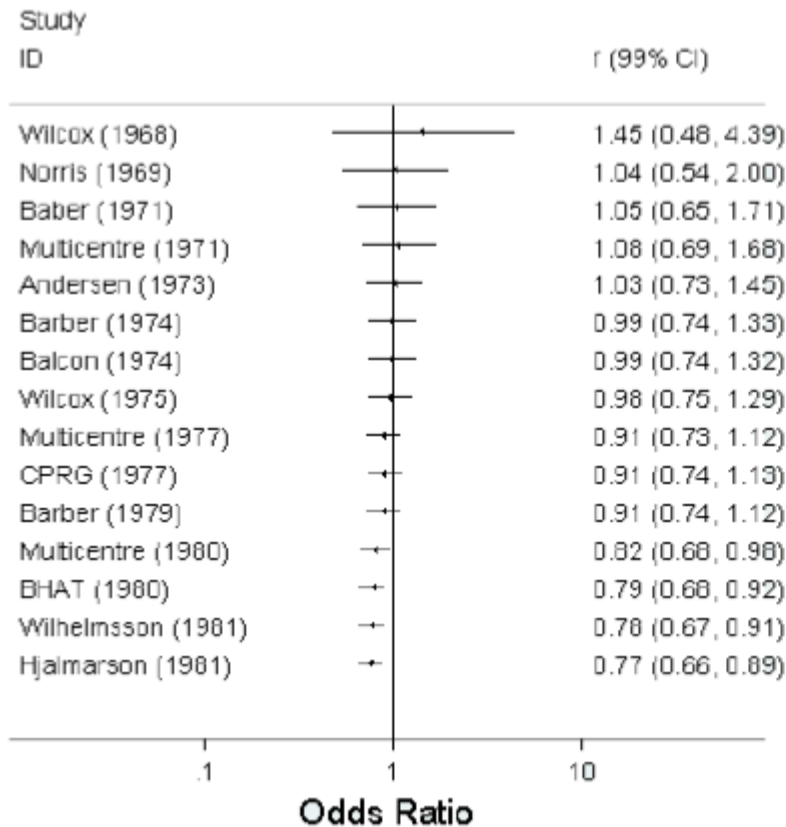
## ❖ Example

- To assess the effect of various variables on cumulative incidence of HBV infection at maximum follow-up, we performed subgroup analysis across different levels of variables.
- The variables under investigation included: studies design, types of vaccine, various endemic regions, types of participants, and age groups.

# Cumulative Meta-analysis

- ❖ Cumulative meta-analysis is defined as the repeated performance of meta-analysis whenever a new relevant trial becomes available for inclusion.
- ❖ This allows the retrospective identification of the point in time when a treatment effect first reached conventional levels of statistical significance.

# Cumulative Meta-analysis





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solidcontours metric(se|invse|var|invvar) onesided(lower|upper)

- Metannt

Number Needed to Treat

- meta\_lr

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